

SCAAN

SCAAN Spring Issue - May 19, 2024



"Connecting with Love, Unity and Service" April 14 - April 20, 2024

FROM THE DELEGATE'S DESK.....

Hello Area 5!

I hope everyone is safe and healthy. I'm honored and privileged to serve as your Panel 73 Delegate assigned to the Treatment and Accessibilities Committee.

I'm proud of the work you're doing to help "Carry the Message" of hope and recovery to still suffering alcoholics and their families. Continue to use the resources provided us by the General Service Office (GSO) to further your projects and bolster your activities.

74TH GSC PAR CONNECTING WITH STATE LOVE, UNITY, B SERVICE

The 74th General Service Conference (GSC) is now in the rearview mirror! What an amazing experience that I can't wait to share with you at our Spring Assembly (today!), aka Delegate Report Back Assembly.

The Conference was held April 14-20. The days were long, and we worked late into most evenings. Sometimes working until midnight then starting early the following day.

Now it's time for **YOU** to carry the information I share to your districts, groups, and members. I'd like to visit each district in the next few months. Some DCMs/DCMCs have confirmed dates already. For those that do not, please contact me ASAP to finalize your visit.

Page 5 of the A.A. Service Manual reads: THE DELEGATE & THE CONFERENCE

After the Conference meeting: Each delegate reports back to their area on Conference proceedings and the approved Conference Advisory Actions and additional committee considerations. Each GSR, having had the opportunity to hear from and ask questions of their delegate, is responsible for informing their group on the Conference outcome.

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I want to **THANK YOU** for helping prepare *me* to attend this year's General Service Conference. Your dedication, love and support made my job much easier, and without you I wouldn't be able to do my job.

I'd also like to thank Nikki U., Alternate Delegate, for coordinating and facilitating this year's pre-conference workshop. The pre-conference was an amazing experience. The two-day assembly was filled with fantastic

presentations, and thoughtful feedback enabling me to hear the Area's conscience. I was able to take your voice with me as we, *Conference members*, made informed decisions at the Conference.

Lastly, I want to thank our Committee Chairs for their continued service helping carry the message in their respective committee, the DCMs/DCMCs for your leadership role in your respective districts, our Officers for their behind-the-scenes work enabling Area 5 to function, and our CFO & Audit Subcommittee for watching over our finances.

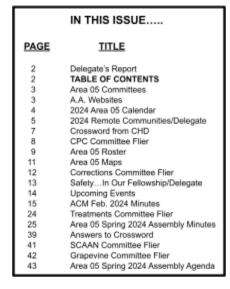
Feel free to contact me at any time via my email address: <a href="mailto:delegate@area05aa.org">delegate@area05aa.org</a> or my mobile number listed in the SCAAN. I look forward to being with you at our Spring Assembly on Sunday, May 19, 2024.

I am honored to represent Area 5 and all of you!

Respectfully,

Doug S.

Delegate, Southern California Area 05, Panel 73



### **AREA 05 COMMITTEES**

- Accessibilities
- Area Archives
- Audio Visual
- Cooperation with the Elderly Community (CEC)
- Cooperation with the Professional Community (CPC)
- Cooperation With the Young Community
- Corrections
- Finance

- Grapevine/La Viña
- Guidelines and Policies
- Interpretation
- Literature
- Newsletter (SCAAN)
- Public Information (P.I.)
- Registration
- Translation
- Treatment Facilities
- Website/Tech (AREA05AA.ORG)

### **USEFUL WEBSITES**

aa.org - General Service in New York. (GSO and World Services)

area05aa.org - Southern California Area Assembly ( Area 05)

aagrapevine.org - A.A. Grapevine (A monthly journal of A.A. stories articles of interest.)

aalavina.org - A.A. La Vina (A.A.'s Spanish Language Magazine)

# **2024 SCAA CALENDAR APPROVED**

|          | Area Assembly (Winter) | 4 Area DCM Sharing Session (Host: Area 93 Central CA) | Area Committee Meeting |                             | PRAASA - Pacific Region AA Service Assembly (Host: Area 06 CA No. Coastal) | J. Pre-Conference Workshop | Steering Committee Meeting |                               | a General Service Conference (Brooklyn, NY) |       | Area Assembly (Spring) |             | Steering Committee Meeting | Area Committee Meeting |                             | Pacific Regional Forum (Las Vegas, NV) | Area Assembly (Summer) |                          | Area Committee Meeting |                 | Steering Committee Meeting |                   | Area Election Assembly (Fall) |                    | El Foro de Servicios Generales | Area Committee Meeting | Hismanis Momon's Workshon (Host. Acc. 2) | Steering Committee Meeting |          |                   |           |                  |                      |                      |                      |          |                      |                                    |     |
|----------|------------------------|-------------------------------------------------------|------------------------|-----------------------------|----------------------------------------------------------------------------|----------------------------|----------------------------|-------------------------------|---------------------------------------------|-------|------------------------|-------------|----------------------------|------------------------|-----------------------------|----------------------------------------|------------------------|--------------------------|------------------------|-----------------|----------------------------|-------------------|-------------------------------|--------------------|--------------------------------|------------------------|------------------------------------------|----------------------------|----------|-------------------|-----------|------------------|----------------------|----------------------|----------------------|----------|----------------------|------------------------------------|-----|
|          | Sa                     |                                                       | Su                     |                             | F-Su                                                                       | Sa-Su                      | Sa                         |                               | Su-Sa                                       |       | Su                     |             | Sa                         | Sa                     |                             | F-Su                                   | Sa                     |                          | Su                     | ż               | Sa                         |                   | Su                            | 7                  |                                | Sa                     | _                                        | Sa                         |          |                   |           |                  |                      |                      |                      |          |                      |                                    |     |
| January  | 20                     | TBD                                                   | 18                     | March                       | 1-3                                                                        | 23-24                      | 30                         | April                         | 14-20                                       | May   | 19                     | June        | ∞                          | 22                     | July                        | 12-14                                  | 27                     | August                   | 18                     | September       | 14                         | October           | 20                            | November           | TBD                            | 16                     | December                                 | 14                         |          |                   |           |                  |                      |                      |                      |          |                      |                                    |     |
| March    | _                      | 3 4 5 6 7 8 9                                         | 11 12 13 14 15         | 17 18 19 20 21 22 <b>23</b> | <b>24</b> 25 26 27 28 29 <b>30</b>                                         | 31                         | 31 Easter                  |                               |                                             | June  | Su M Tu W Th F Sa      | 1           | 2 3 4 5 6 7 8              | 9 10 11 12 13 14 15    | 16 17 18 19 20 21 <b>22</b> | 23 24 25 26 27 28 29                   | 30                     | 16 Father's Day          | 19 Juneteenth          |                 | September                  | Su M Tu W Th F Sa | 1 2 3 4 5 6 7                 | 8 9 10 11 12 13 14 | 15 16 17 18 19 20 21           |                        | 29 30                                    | 100000                     | December | Su M Tu W Th F Sa |           | 1 2 3 4 5 6 7    | 8 9 10 11 12 13 14   | 15 16 17 18 19 20 21 | 23                   | 29 30 31 | 25 Christmas         |                                    |     |
| February | ш ,                    | 4 5 6 7 8 9 10                                        | 11 12 13 14 15 16 17   | <b>18</b> 19 20 21 22 23 24 | 25 26 27 28 29                                                             |                            | 14 Valentine's Day         | 19 Presidents Day             |                                             | May   | Su M Tu W Th F Sa      | 1 2 3 4     | 5 6 7 8 9 10 11            | 12 13 14 15 16 17 18   | <b>19</b> 20 21 22 23 24 25 | 26 27 28 29 30 31                      |                        | 3-5 SoCal H&I Conference | 12 Mother's Day        | 27 Memorial Day | August                     | Su M Tu W Th F Sa | 1 2 3                         | 5 6 7              | 11 12 13 14 15 16 17           | 19 20 21 22 23         | 25 26 27 28 29 30 31                     |                            | November | Su M Tu W Th F Sa | 1 2       | 3 4 5 6 7 8 9    | 10 11 12 13 14 15 16 | 17 18 19 20 21 22 23 | 24 25 26 27 28 29 30 |          | 1-3 SoCal Convention | 11 Veterans Day<br>28 Thanksaiving | 992 |
| January  | Tu W Th F              | 7 8 9 10 11 12 13                                     | 1 15 16 17 18 19       | 22 23 24 25 26              | 28 29 30 31                                                                |                            | 1 New Year's Day           | 15 Martin Luther King Jr. Day |                                             | April | Su M Tu W Th F Sa      | 1 2 3 4 5 6 | 7 8 9 10 11 12 13          | 14 15 16 17 18 19 20   | 21 22 23 24 25 26 27        | 28 29 30                               |                        | 15 Tax Deadline          |                        |                 | July                       | Su M Tu W Th F Sa | 1 2 3 4 5 6                   | 9 10 11 12         | <b>14</b> 15 16 17 18 19 20    | 22 23 24 25 26         | 28 29 30 31                              |                            | October  | Su M Tu W Th F Sa | 1 2 3 4 5 | 6 7 8 9 10 11 12 | 13 14 15 16 17 18 19 | 20 21 22 23 24 25 26 | 27 28 29 30 31       | -        | 14 Columbus/         | Indigenous People's Day            |     |

### **2024 Remote Communities Meeting**

We Are Responsible: Recovery in Remote Communities!

Doug S., Delegate, Southern California Area 05, Panel 73, serving on the Treatment & Accessibilities Committee.

### What are the challenges/solutions to carrying the A.A. Message to a Cultural Community?

Southern California Area 5 is one of the smallest geographical Areas in our Conference structure. When I joined General Service 25+ years ago, it didn't dawn on me that anyone would consider our Area a remote community. I have since learned that Area 5 IS a remote community!

The Area is part of greater Los Angeles where many different languages are spoken. It includes portions of Los Angeles, Orange, and San Bernardino Counties, bordered by Area 9 to the south and east, Area 93 to the north, and the Pacific Ocean to the west.

We are also one of the most densely populated, and diverse in lifestyles and cultures. Due to these characteristics carrying the message of recovery can be very challenging!

The stigma of alcoholism is not just an issue of the disease itself. It's centered amid cultural and language challenges that make acceptance of our disease particularly difficult.

Several years ago, one of our members, Zoraida R., began to raise awareness in our area of the difficulties Hispanic Women have when they come to Alcoholics Anonymous. The stigma Hispanic Women face is a cultural barrier to access and maintain recovery in A.A. After a lot of hard work, we started the first Hispanic Women's Workshop in 2016, and just recently hosted the 8<sup>th</sup> Annual event in December 2023. The event has participation from Areas 3, 5, 6, 7, 8, 9 and 93, and is regularly attended by women across the United States and many foreign countries.

The work with that remote community led to Alcoholics Anonymous publishing "Hispanic Women in A.A.," in 2021, a pamphlet sharing personal stories from Spanish-speaking A.A. women from around the country that reflect both social and economic diversity.

Our area is proud to have started our first Linguistic District in 1978. District 33 celebrated their 45<sup>th</sup> anniversary in November last year! Box 4.5.9. first published an article titled, "How L.A.'s First Spanish-Speaking District Came to Be" in August-September 2002. It's a great article about the beginnings of one of the remote communities in Area 5 coming into the mainstream of A.A. recovery!

Area 5 has a very strong Spanish speaking community in General Service. We now have 6 Spanish Linguistic Districts and a Interdistrict Committee, known as Comité Interdistrital Hispano (CIH).

Another important part of our area's work with remote communities was first published in the Remote Communicator newsletter in April 2021. The article was titled, "Reaching out to Chinese Speaking Alcoholics in Southern California," written by Brian P.

Our efforts to reach out to Chinese-speaking alcoholics in our community began in 2017, when a manager at the Los Angeles Central Office casually mentioned that they were receiving a call a week from someone looking for a meeting in Chinese but had nowhere to send them. They had reached out to other central offices across Southern California and there were none anywhere.

Not having any Chinese language skills, the first thing we needed to do was find and recruit Chinese-speaking A.A.s that could help us out. We put the word out at A.A. and area meetings, at P.R.A.A.S.A., and everywhere else we went. We met people in other areas who had tried to start Chinese meetings but were unable to get them to sustain. To our surprise, there were no active meetings to be found anywhere we asked, which included all the areas in the Pacific Region, Vancouver, and in New York City.

We realized that there must be cultural barriers that were keeping Chinese-speaking alcoholics from finding their way to us. After further research, we found out that Chinese-Americans were not only missing from our program but were notably missing from all kinds of self-help and peer-support groups and typically do not seek professional help for many types of issues. In Chinese culture, it can be very shameful to share problems outside of the family network, and families often try to handle these issues themselves while hiding them from the rest of the world.

Still, we saw an opportunity because our local central office was receiving requests for Chinese meetings. We figured the courts must be sending Chinese-speaking alcoholics our way, and we wanted to create a place where they could go and hear the message. On February 19th, 2020, we held our first meeting in Chinese and English in Arcadia, CA. Six people were in attendance, including a woman who had only 52 days.

In March 2020, like so many other A.A. groups, they moved the meeting onto Zoom and listed our group wherever we could - with central offices, the Online A.A. Intergroup, and on informal meeting lists and Facebook groups.

New members started to join from all over the world. Our meetings usually have an attendance of around 30 members, with regular members from California, Arizona, Washington, Kansas, Vancouver, New York, Massachusetts, China, Taiwan, France, and Germany. About half are English-only speakers, with the rest being Chinese-only speakers and only a handful of bilingual speakers. The group has taken on a life of its own, expanding to two meetings a week, and decided to remain a bilingual group (Mandarin and English). While we are very happy with what has become of our group, founding members have held onto our original intentions of helping the Chinese-speaking alcoholics in our local area.

I have attended myself on occasion and find the meeting quite fascinating! To see the volunteer interpreters and people from all over the world attend the meeting regularly. It's an amazing and beautiful thing!

Lastly, I want to share the latest development in Area 5, the "Multi-language Meeting Finder," which is a one-page document with QR codes, links and descriptions of meetings listed in our local Central Office (lacoaa.org) in various languages, such as, Armenian, Farsi, Japanese, Korean, Mandarin, Russian, Spanish, and, of course, English.

The Accessibilities Committee is working to add ASL meetings to the list. One of our committee members, Tim, is a member of the deaf community and has been involved in General Service for quite a few years. Feel free to access the website: accessibilities.org to access the document.

Thanks for allowing me to be of service to A.A.

Respectfully submitted, Doug S., Southern CA Delegate, Panel 73

### From Combined Hollywood Districts\*

### Across

- 2. Half \_availed us nothing
- 5. Lack of power was our
- 9. Half availed us nothing
- 11. Group\_
- 13. A Principle
- 17. Bill
- 19. This program is\_
- for you
- \_to believe in a Power Greater than ourselves.
- 23. We place\_\_\_before personalities.
- 24. AA Magazine
- 26. Who could and would if he was sought

### Down

- 1. Calmness, peace; we ask for this
- in 90 days 3.90
- 4. AA Founder
- 6. Mental\_
- Steps
- 8. Three Legacies: Unity, Service,
- 10. There is a
- 12. What is to die
- 14. How many steps
- 15. \_Does It
- 16. Abbreviation for Alcoholics Anonymous
- 18. It is suggested you get a\_
- 20. Continued to take personal
- 25. Another word for non-existent "three letter word" \*English Only Answers: Pg 39

## COOPERATING WITH THE PROFESSIONAL COMMUNITY (C.P.C. COMMITTEE)

## COOPERATING WITH PROFESSIONALS TO HELP ALCOHOLICS

Interested?
Contact Sue S
Contact Sue S
to join this
committee
committee
562.743.4471

AREA CPC MONTHLY MEETING: 2ND SATURDAY 10:30-11:30 AM MEETING ID: 868 3150 0539

**PASSCODE: AREAO5** 

### **AREA 05 CONTACTS**

**MAY 2024** 

|                                                                    | OFFICE       | RS                              |              |
|--------------------------------------------------------------------|--------------|---------------------------------|--------------|
| Delegate                                                           | delegate@a   | rea05aa.org                     | Doug S       |
| Alternate Delegate                                                 | altdelegate@ | Parea05aa.org                   | Nikki U      |
| Area Chair                                                         | chairperson  | @area05aa.org                   | Gola R       |
| Secretary                                                          | secretary@a  | rea05aa.org                     | Shawn A      |
| Accounts Treasurer                                                 | acctstreasur | er@area05aa.org                 | Amy O        |
| Contributions Treasurer                                            | conttreasure | er@area05aa.org                 | Brian P      |
| Registrar                                                          | registrar@aı | rea05aa.org                     | Jen C        |
|                                                                    | DACT DELE    | CATEC                           |              |
| <b>To email all past delegates, use:</b> pastdelegates@area05a     | PAST DELE    | GATES                           |              |
| *Panel 49                                                          | panel49@ar   | ea05aa org                      | Marita H     |
| Panel 51                                                           | panel51@ar   |                                 | Mary T       |
| Panel 53                                                           | panel53@ar   |                                 | Jim I        |
| Panel 55                                                           | panel55@ar   |                                 | Jim W        |
| *Panel 57                                                          | panel57@ar   | <u> </u>                        | Gustavo T    |
| Panel 59                                                           | panel59@ar   |                                 | Mike P       |
| Panel 61                                                           | panel61@ar   |                                 | Marcus F     |
| Panel 63                                                           | panel63@ar   |                                 | Juan M       |
| Panel 65                                                           | panel65@ar   | -                               | Scott M      |
| Panel 67                                                           | panel67@ar   | -                               | Thomas B     |
| Panel 69                                                           | panel69@ar   | •                               | Thomas S     |
| Panel 71                                                           | panel71@ar   | · ·                             | Lauren A     |
| * If delegates live elsewhere and participate in another area, the |              | •                               | Lauren A     |
| in delegates live elsewhere and participate in another area, the   | COMMIT       |                                 |              |
| Archives                                                           | Chair        | archives@area05aa.org           | Mary T       |
|                                                                    | Alt Chair    | altarchives@area05aa.org        | Open         |
| Audio Visual (AV)                                                  | Chair        | av@area05aa.org                 | Victor M     |
| , ,                                                                | Alt Chair    | altav@area05aa.org              | Tate D       |
| Cooperation with the Elder Community (CEC)                         | Chair        | cec@area05aa.org                | Antonio A    |
| , ,                                                                | Alt Chair    | altcec@area05aa.org             | Open         |
| Cooperation with the Professional Community (CPC)                  | Chair        | cpc@area05aa.org                | Sue S        |
| ,,,,,,                                                             | Alt Chair    | altcpc@area05aa.org             | Lisa K       |
| Corrections                                                        | Chair        | corrections@area05aa.org        | Paul D       |
|                                                                    | Alt Chair    | altcorrections@area05aa.org     | Stacie A     |
| Finance                                                            | Chair        | finance@area05aa.org            | Arnulfo G    |
|                                                                    | Alt Chair    | altfinance@area05aa.org         | Sandra C     |
| Grapevine & La Viña                                                | Chair        | gvlv@area05aa.org               | Andrea D     |
|                                                                    | Alt Chair    | altgvlv@area05aa.org            | Open         |
| Guidelines & Policies                                              | Chair        | gap@area05aa.org                | Jim A        |
|                                                                    | Alt Chair    | altgap@area05aa.org             | Patrick C    |
| Literature                                                         | Chair        | literature@area05aa.org         | Alex H       |
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| Public Information (PI)                                            | Chair        | pi@area05aa.org                 | Jenny P      |
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| Registration                                                       | Chair        | registration@area05aa.org       | Kristy L     |
| •                                                                  | Alt Chair    | altregistration@area05aa.org    | Miguel M     |
| SCAAN                                                              | Chair        | scaan@area05aa.org              | Jo S         |
|                                                                    | Alt Chair    | altscaan@area05aa.org           | Mandy D      |
| Translation                                                        | Chair        | translation@area05aa.org        | Jacobo M     |
|                                                                    | Alt Chair    | alttranslation@area05aa.org     | Open         |
| Treatment Facilities                                               | Chair        | tfc@area05aa.org                | Mark S       |
|                                                                    | Alt Chair    | alttrf@area05aa.org             | Nikki P      |
| Website                                                            | Chair        | webchair@area05aa.org           | Claude D     |
|                                                                    | Alt Chair    | altwebchair@area05aa.org        | Open         |
| Accessibilities/Interpretation (Ad-hoc)                            | Chair        | accessibilities@area05aa.org    | Zoraida R    |
|                                                                    | Alt Chair    | altaccessibilities@area05aa.org | Marilyn C    |
| Cooperation wih the Young Community (Ad-hoc)                       | Chair        | cyc@area05aa.org                | Kiko P       |
| cooperation will the roung community (Au-noc)                      | Alt Chair    | altcyc@area05aa.org             | K'imani D    |
|                                                                    | Ait Cliali   | artcycle areausaa.urg           | K IIIIaili D |

### DISTRICT CONTACTS

MAY 2024

| COMBINED DISTRICTS (DCMC = District Committee Member Chair)                                |                |                                                       |                      |
|--------------------------------------------------------------------------------------------|----------------|-------------------------------------------------------|----------------------|
| Comite Interdistrital Hispanos                                                             | DCMC           | cih@area05aa.org                                      | Juan Antonio M       |
| (Districts 33, 34, 35, 49, 50, 55)                                                         | Alt DCMC       | altcih@area05aa.org                                   | Julio B              |
| Hollywood-Wilshire-Downtown Combined Districts                                             | DCMC           | chd@area05aa.org                                      | Monk H               |
| (Districts 9, 10, 26, 56, 58)                                                              | Alt DCMC       | altchd@area05aa.org                                   | Peyton V             |
| Westside Combined Districts                                                                | DCMC           | wcd@area05aa.org                                      | Joe C                |
| (Districts 5, 6, 8, 15, 19, 25, 36, 37/38, 39/40, 41, 43, 45, 46)                          | Alt DCMC       | altwcd@area05aa.org                                   | Sean C               |
| DISTRICTS (DCM = District Committee Member)                                                |                |                                                       |                      |
| District 2: La Cañada, La Crescenta, Montrose, Sunland                                     | DCM            | district2@area05aa.org                                | Peter C              |
|                                                                                            | Alt DCM        | altdistrict2@area05aa.org                             | Open                 |
| District 3: Altadena, Highland Park, Pasadena, S. Pasadena, San Marino                     | DCM            | district3@area05aa.org                                | Aidan S              |
| Birth A. Anna B. Hair Bark Covins Clarater to Bourte West Covins                           | Alt DCM        | altdistrict3@area05aa.org                             | Gina K               |
| District 4: Azusa, Baldwin Park, Covina, Glendora, La Puente, West Covina                  | DCM<br>Alt DCM | district4@area05aa.org<br>altdistrict4@area05aa.org   | JoyAnna H<br>Matt W  |
| District 5: Culver City, West LA                                                           | DCM            | district5@area05aa.org                                | Joe F                |
| District of City, West En                                                                  | Alt DCM        | altdistrict5@area05aa.org                             | Cara B               |
| District 6: Brentwood, West LA                                                             | DCM            | district6@area05aa.org                                | Open                 |
|                                                                                            | Alt DCM        | altdistrict6@area05aa.org                             | Open                 |
| District 7: Hollywood, West Hollywood                                                      | DCM            | district7@area05aa.org                                | Joe T                |
|                                                                                            | Alt DCM        | altdistrict7@area05aa.org                             |                      |
| District 8: Beverly Hills, Century City                                                    | DCM            | district8@area05aa.org                                | Terry A              |
|                                                                                            | Alt DCM        | altdistrict8@area05aa.org                             | Open                 |
| District 9: Downtown LA, Echo Park, Silverlake                                             | DCM            | district9@area05aa.org                                | Braden H             |
| District 10: LA Wilebirg Corridor                                                          | Alt DCM        | altdistrict9@area05aa.org                             | Open<br>Miko P       |
| District 10: LA - Wilshire Corridor                                                        | DCM<br>Alt DCM | district10@area05aa.org                               | Mike R               |
| District 13: Alhambra, Arcadia, Bradbury, Duarte, El Monte, Monrovia, Monterey Park,       | Alt DCM<br>DCM | altdistrict10@area05aa.org<br>district13@area05aa.org | Open<br>Mandy D      |
| Rosemead, San Gabriel, South El Monte, Sierra Madre, Temple City                           | Alt DCM        | altdistrict13@area05aa.org                            | Open                 |
| District 14: Downey, Bell Gardens, Montebello, Paramount, Pico Rivera                      | DCM            | district14@area05aa.org                               | Stacy J              |
| ,,,                                                                                        | Alt DCM        | altdistrict14@area05aa.org                            | Nancy M              |
| District 15: Inglewood, Hawthorne, El Segundo, Westchester, Crenshaw                       | DCM            | district15@area05aa.org                               | Lester J             |
|                                                                                            | Alt DCM        | altdistrict15@area05aa.org                            | Flavio O             |
| District 17: South Gate, Watts, Huntington Park                                            | DCM            | district17@area05aa.org                               | Open                 |
|                                                                                            | Alt DCM        | altdistrict17@area05aa.org                            | Open                 |
| District 18: Whittier, La Habra, La Mirada, Hacienda Heights                               | DCM            | district18@area05aa.org                               | Scott N              |
|                                                                                            | Alt DCM        | altdistrict18@area05aa.org                            | Valerie G            |
| District 19: Compton, LA - South/Central                                                   | DCM            | district19@area05aa.org                               | David R              |
| District 35: Culver City Most I A Marina Contar                                            | Alt DCM<br>DCM | altdistrict19@area05aa.org                            | Rosa M               |
| District 25: Culver City, West LA, Marina Center                                           | Alt DCM        | district25@area05aa.org<br>altdistrict25@area05aa.org | Joan R<br>John J     |
| District 26: Eagle Rock, Glassell Park, Highland Park, Mount Washington, Silver Lake, Echo | DCM            | district26@area05aa.org                               | Open                 |
| Park, Elysian Park, Chinatown, Lincoln Heights, Montecito Heights, El Sereno, Boyle        | Alt DCM        | altdistrict26@area05aa.org                            | Open                 |
| District 30: Ontario, Upland, Pomona, Claremont, La Verne, Alta Loma, Rancho               | DCM            | district30@area05aa.org                               | Ron H                |
| Cucamonga, Chino, Diamond Bar                                                              | Alt DCM        | altdistrict30@area05aa.org                            | Open                 |
| District 33: (Spanish-Speaking) Los Angeles, West Hollywood, Glendale                      | DCM            | district33@area05aa.org                               | Carlos Ernesto C     |
|                                                                                            | Alt DCM        | altdistrict33@area05aa.org                            | Open                 |
| District 34: (Spanish-Speaking) San Dimas, Pomona, La Verne, Glendora, Ontario,            | DCM            | district34@area05aa.org                               | Juan A               |
| Montclaire, Claremont, Chino                                                               | Alt DCM        | altdistrict34@area05aa.org                            | Jose Miguel H        |
| District 35: (Spanish-Speaking) San Gabriel East, Azusa, Baldwin Park, El Monte, Pomona,   | DCM<br>Ala DCM | district35@area05aa.org                               | Felipe de Jesus B    |
| Whittier District 36: West LA, Ohio Ave.                                                   | Alt DCM<br>DCM | altdistrict35@area05aa.org<br>district36@area05aa.org | Carlos d<br>Rachel K |
| District 36. West EA, Offic Ave.                                                           | Alt DCM        | altdistrict36@area05aa.org                            | Kerry O              |
| District 37/38: West LA, Pico Boulevard, Bel Air, Westwood                                 | DCM            | district37-38@area05aa.org                            | Daniel A             |
| ,                                                                                          | Alt DCM        | altdistrict37-38@area05aa.org                         | Marco L              |
| District 39/40: Malibu, Pacific Palisades, Santa Monica                                    | DCM            | district39-40@area05aa.org                            | Steve R              |
|                                                                                            | Alt DCM        | altdistrict39-40@area05aa.org                         | Nidra W              |
| District 41: West LA, Palms, Rancho Park, Culver City                                      | DCM            | district41@area05aa.org                               | Nicole B             |
|                                                                                            | Alt DCM        | altdistrict41@area05aa.org                            | Open                 |
| District 43: West Hollywood, Fairfax, Beverly Hills                                        | DCM            | district43@area05aa.org                               | Lary V               |
| Birth 4F Main 118 Walland Blanch 128 Walland                                               | Alt DCM        | altdistrict43@area05aa.org                            | Andrea D             |
| District 45: Marina del Rey, Westchester, Playa del Rey, Venice, Santa Monica              | DCM<br>Ala DCM | district45@area05aa.org                               | Becca S              |
| District 46: Santa Monica                                                                  | Alt DCM<br>DCM | altdistrict45@area05aa.org<br>district46@area05aa.org | Lisa K<br>Eddie C    |
| District 40. Sunta Monica                                                                  | Alt DCM        | altdistrict46@area05aa.org                            | Open                 |
| District 49: (Spanish-Speaking) LA East, Lincoln Heights, Bell/Cudahy, Montebello, Pico    | DCM            | district49@area05aa.org                               | Ruben C              |
| Rivera                                                                                     | Alt DCM        | altdistrict49@area05aa.org                            | Open                 |
| District 50: (Spanish-Speaking) Glendale, Altadena, Pasadena, Eagle Rock, Highland Park,   | DCM            | district50@area05aa.org                               | Adrian E             |
| Lincolhn Heights, El Sereno                                                                | Alt DCM        | altdistrict50@area05aa.org                            | Open                 |
| District 55: (Spanish-Speaking) LA South/Central, Lynwood, Inglewood, Culver City, Santa   | DCM            | district55@area05aa.org                               | Leo Marias B         |
| Monica                                                                                     | Alt DCM        | altdistrict55@area05aa.org                            | Sandra M             |
| ivionicu                                                                                   | DCM            | district56@area05aa.org                               | Open                 |
|                                                                                            |                |                                                       |                      |
| District 56: Hollywood, Los Feliz                                                          | Alt DCM        | altdistrict56@area05aa.org                            | Open                 |
|                                                                                            |                |                                                       | Open<br>Open<br>Open |

### Area 05 Maps



AREA MAP (English-Speaking Districts)



AREA MAP (Spanish-Speaking Districts)

### PLEASE SHARE WITH ALL AA GROUP MEMBERS

OUR GENERAL SERVICE AREA 05-SOUTHERN CALIFORNIA AREA ASSEMBLY HAS A SERVICE COMMITTEE CALLED "CORRECTIONS COMMITTEE"

**OUR MISSION:** TO ENCOURAGE AND GUIDE ALL AA MEMBERS IN OUR SOUTHERN CALIFORNIA AREA TO BE OF SERVICE TO THE INCARCERATED STILL-SUFFERING ALCOHOLICS IN ONE OR MORE CAPACITIES:

- H&I JAIL PANEL LEADERS: PLEASE BRING ENOUGH "CONTACT UPON RELEASE FORMS" FOR THE INCARCERATED TO COMPLETE AND THEN BRING BACK TO OUR TABLE AT THE NEXT HnI MONTHLY MEETING OR EMAIL PHOTOS TO <a href="mailto:area05corrections@gmail.com">area05corrections@gmail.com</a> or text 619-946-8622
- ANY AA MEMBER WITHOUT JAIL CLEARANCE: ALL ARE INVITED TO WRITE LETTERS TO INCARCERATED MEN AND WOMEN TO ARRANGE TAKING THEM TO THEIR FIRST AA MEETING "UPON RELEASE." WE HAVE A F TO COLLECT YOUR INFORMATION, HAVE LETTER TEMPLATES, AND OTHER RESOURCES TO ASSIST YOU. email: <a href="mailto:area05corrections@gmail.com">area05corrections@gmail.com</a> or text 619-946-8622

### REMEMBER: MEN CONTACT MEN AND WOMEN CONTACT WOMEN!

- ANY AA MEMBER: OUR GENERAL SERVICE OFFICE (GSO) IN NEW YORK HAS A SERVICE DESK CALLED "CORRECTIONS CORRESPONDENCE." ANY AA MEMBER MAY SIGN UP HERE AT <a href="mailto:aa.org">aa.org</a> AND WRITE INCARCERATED
- \_\_\_\_ANY AA MEMBER CAN JOIN AND SERVE ON OUR AREA 05 CORRECTIONS COMMITTEE. WE MEET 1 PM, THE LAST SATURDAY OF THE MONTH ON Meeting ID: 820 9490 1678 Passcode: area05.
- PLEASE COMPLETE OUR <u>COMMITTEE SURVEY</u> TO GET STARTED.<u>area05corrections@gmail.com</u> or text 619-946-8622

When sharing about corrections service, refer to an excerpt from a letter that our co-founder Bill W. wrote to a prison group in 1949: Every A.A. has been, in a sense, a prisoner. Each of us has walled himself out of society; each has known social stigma. The lot of you folks has been even more difficult: In your case, society has also built a wall around you. But there isn't any real essential difference, a fact that practically all A.A.s now know. Therefore, when you members come into the world of A.A. on the outside, you can be sure that no one will care a fig that you have done time. What you are trying to be—not what you were—is all that counts with us

### Safety Throughout the Structure in Our Fellowship

My name is Doug S. and I'm a grateful member of Alcoholics Anonymous! ¡Mi nombre es Doug y soy un miembro agradecido de Alcohólicos Anónimos! It's an honor and privilege to serve Southern California Area 5 as delegate for Panel 73. My sobriety date is May 22, 1988, and for that I'm truly grateful!

I was asked to present on the topic: "Safety Throughout the Structure in Our Fellowship." When I came into A.A. I wasn't thinking about safety in the rooms and knew nothing about our structure. I just wanted to repair the marriage I had destroyed and maintain a relationship with my 2-year-old daughter, Amanda. Over the years she and her sisters were frequent visitors at my Friday night home group meeting where childcare was offered. That group was kid-friendly and knew how to control their language if you know what I mean! Not so with many other meetings where kids had no business attending.

I often heard members talking about sobering up a horse thief. When that happens, you have a sober horse thief! Nothing changes if nothing changes. I've witnessed many fights between members before, during and after meetings. I stood between plenty of guys over the years keeping them away from each other as nasty words and threats were flying freely, and cleaned up after one woman attacked another in the restroom before a meeting.

Years ago, one of our long-time members, Toni L., shared about bringing Roscoe into the meetings. She would set her purse on the table and make certain her purse was wide open so everyone could see she was packing! Yes, Roscoe was the name of her handgun. We laughed every time she shared that story! A.A. meetings were different back then. However, no one felt threatened by an 80-year-old woman weighing 100 pounds soaking wet, especially since Roscoe was no longer her companion.

As my sobriety and membership in A.A. solidified, I matured inside and outside the rooms, my awareness of safety issues then came to the forefront. I saw how some members were targeted, some were taking advantage of newcomers and our elderly members. Eventually, the instinct to protect vulnerable members switched on my part into action. The casual conversation with my friends and other solid A.A. members were the beginning. Confronting members who preyed upon those newcomers and our vulnerable members became natural, including a long timer that was a convicted sex offender and released back into our community. Groups asked him to find meetings elsewhere as he was no longer welcome to attend our meetings. Long talks about our Traditions ensued so we could talk it out and that <u>all</u> had the opportunity to express their concerns, whether for the groups' safety or the long-time A.A. member's right to attend meetings.

Hearing safety topics at PRAASA in my early General Service years changed my focus, as the breadth of these issues were raised at a larger forum, further discussions made their way into my Area and local groups as well.

One recent safety concern was brought to my attention by a friend. A preliminary agenda item for this year's Conference, "Consider a request to develop a pamphlet on the transgender alcoholic." One member shared when issues like this come up in the Fellowship, it typically reveals personal ideology of certain fellows that adversely affect the transgender community. That's not something I would have predicted. I would hope that "Love and tolerance of others is our code" (Big Book page 84), but certainly that's not always the case.

I've also seen Central Office delist meetings due to unruly, raunchy, and unacceptable behavior within online meetings.

Last year's Conference was another example where some folks felt their safety was threatened due to the tone in discussion at the microphone related to the Board Chair situation. Personally, I didn't share that sentiment, and didn't feel threatened in any way. However, I believe the concern wasn't just from shares at the Conference, but other outside circumstances, as well.

I'm impressed with the number of items A.A. has produced to help the Fellowship address safety. Let me quote a portion of, "Safety in A.A. flyer" (F-228). "Safety is a topic within A.A. that groups and members may need to address to help ensure the ability to carry the message to the alcoholic who still suffers.

A.A. membership does not include having to tolerate sexual harassment, threats of violence, financial coercion, or bullying. Nor is pressuring A.A. members into a particular point of view or belief relating to medications. religion and other outside issues acceptable. No one should have to tolerate racial, sexual orientation, gender, age or other discrimination when they seek help from A.A."

Another beautifully written service piece is the "SAFETY CARD FOR A.A. GROUPS" (F-211)

"This group strives to safeguard the anonymity of A.A. members and attendees; however, keep in mind that anonymity in A.A. is not a cloak for unsafe and illegal behavior. Addressing such behavior and/or contacting the proper authorities when appropriate, does not go against any A.A. Traditions and is meant to ensure the safety of all in attendance."

Unfortunately, some members refuse to call authorities on another member, thinking that's just not right. It's incumbent that we, the Fellowship, continue educating our groups and A.A. members of the resources available, that A.A. should always be inclusive, never exclusive, and that our work is not done even when love and tolerance is embodied in every A.A. member.

In conclusion, let it begin with me, "I am responsible, when anyone, anywhere reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."

Thank you!













A.A. AREA 05 - SOUTHERN CALIFORNIA AREA

Area Committee Meeting Sunday – February 18th, 2024 Pasadena Elks Lodge #672 400 W. Colorado Blvd. Pasadena Ca. 91105 Host: District 3

The Area Committee Meeting was called to order at 9:00 AM on Sunday, February 18th, 2024, by Gola R. Area 5 Chairperson, with two minutes of silent meditation and the Serenity Prayer.

### Welcome and Call-to-Order.

People with A.A. Birthdays (Anniversaries) from November 19<sup>th</sup>, 2023 to February 18th, 2024, were recognized and serenaded with the birthday song.

A.A. 's Declaration of Unity was read in & English & Spanish.

Jen C. Area 05 Registrar: Jen performed the Area Roll Call

**Gola R. Area 05 Chairperson:** Made a motion to approve the agenda. Motion was seconded. Asked if there was any discussion. No discussion. Motion was voted on and passed unanimously.

**Shawn A. Area 05 Secretary**: Made a motion to approve the Minutes from the November 18, 2023 Area Committee Meeting. Motion was seconded. Asked if there was any discussion. No discussion. Motion was voted on and approved unanimously.

### **Delegate Report.**

Doug S. Area 05 Panel 73 Delegate.

<u>General Service Conference Process</u>: While the annual Conference is held in April or May each year, the Conference process is a year-round effort to implement changes approved at the 73<sup>rd</sup> GSC and prepare for next year's 74<sup>th</sup> GSC.

The most recent GSB weekend was held October 27-30, 2023. A partial report will follow later today. The report we received from Reilly K., Pacific Region Trustee, was translated into Spanish & will be emailed to the Area distribution list in the next day or 2.

<u>Delegate Report Back @ Districts:</u> I have completed all the Report Back sessions for this year. If you'd like me to visit your district or group let me know & I'll be happy to make a visit. Topics discussed can be anything of your choice.

### **Delegate Activities**

### **District/Committee Visits & Area Events:**

10/22/23: I attended the Grapevine / La Vina writing workshop held @ CIH. Then drove to Covina to attend District 4's "Open House" event. Both were very well attended & enthusiasm for General Service in AA is alive & well! Thanks to the GV/LV Committees @ the Area & CIH, and D4 DCM JoyAnna H. You're all doing a great job! 10/28/23: I attended the Westside Combined District's "Love & Service Festival." Good food, Fellowship, speakers & music entertained the crowd. Thanks to our DCMC, Joe C., and other WCD volunteers for putting on an amazing event!

<u>10/29/23</u>: I attended the Archives anniversary event hosted by CIH out in Montclair. I was able to fill-in for our Archives Chair, Mary T., where we played a video in Spanish and read a short presentation on the importance of A.A. History and Archives Committee work. As usual, there was excellent food, Archives displays & speakers.

<u>11/11/23:</u> I visited District 36 to provide an update on finances, GV/LV and various other committees following the GSB Board weekend and met multiple GSRs from the district. Thank you, Rachel K., for your hard work & enthusiasm.

<u>11/12/23</u>: I participated in the 44<sup>th</sup> Hispanic Forum held in Rosemead and hosted by District 35. There were close to 300 people in attendance. The room was full & participation was electric! Thanks to all those that attended and worked hard to plan the Foro Hispano.

### **Upcoming Events**

<u>11/19/23:</u> I will attend the 3 Committees Event tomorrow @ CIH for a brief while. I was asked to give a short presentation on Tradition 5 & Concept I.

<u>11/25/23</u>: District 33 is celebrating their 45 Anniversary downtown LA from 4-7 pm. They're inviting the entire Area to attend & help them celebrate. It will be hybrid with translation provided. District 33 is the 1<sup>st</sup> linguistic district in Area 5 founded in November 1978!

<u>12/2/23:</u> I have been asked to participate in D14's Fall Festival, December 2, 2023, in Downey. Later that same day I will visit D55 at Leo B.'s (DCM) request. I look forward to spending time with everyone!

<u>12/3/23:</u> Inter-Area Remote Communities Forum will be held Sunday, December 3, 2023, online. There will be 3 topics & 9 speakers. Language, culture and geography. Ask Zoraida, Accessibilities ad hoc Committee Chair, for more details. She emailed the flier to the Area October 25, 2023.

12/20/23: District 30 is planning an "Open House" event December 20<sup>th</sup>. I look forward to supporting our eastern friends just before the Christmas holiday.

Monthly Delegates Meeting: The Pacific Region Delegates meet the first Thursday of every month to discuss activities across the region and share ideas. This past meeting our guest was Reilly K., Pacific Region Trustee on Archives, Nominating, CPC, POG in GS, Finance, Retirement, Compensation, Publishing and Internal Audit. She gave us an update on Board weekend. More information later in my report. Next month we will welcome Panel 74 Delegates to our monthly meeting & say Farewell to the 72's! Change is inevitable. I'll rotate on in a little more than 13 months from today! Crazy!

**Elections:** Half of our Areas in the North American Conference (US & Canada) have held elections for Panel 74 officers. Southern CA has 4 Areas: 5 (our Area) & 93 (our brothers to the north) are on the same cadence – we elect new officers in the even years (so next October). Area 8 (San Diego Imperial County) and Area 9 (known as Mid-Southern CA) just held their elections.

- Area 8: Delegate is Richard O. & his Alternate is Adrian O.
- Area 9: Delegate is Alex W. and her Alternate is Manya W.

They will begin serving next January for 2024/2025.

### **Items to Discuss:**

<u>Accurate District Information:</u> DCM's should ask for Registrar, Jen C., for a report (or list) of GSRs and Groups in their District & review for accuracy. In addition, you have access to Fellowship Connection, which is our interface into the GSO group services database.

**2024 Calendar:** Please take the calendar you received from our Secretary, Shawn A., and put those dates into your personal calendars. The dates are important for you, your GSRs, the Area & me as **YOU** prepare **ME** for the 74<sup>th</sup> GSC in April 2024. It's essential GSRs attend the Assemblies & Pre-Conference Workshop in March 2024.

**74<sup>th</sup> General Service Conference:** Let's talk a little about next year's conference. The 74<sup>th</sup> GSC will be held in New York April 14-20, 2024. Nikki & I will be working closely to plan & prepare the DCMs, DCMCs, Districts and GSRs to actively participate in next year's conference. We will have online surveys again leveraging the summaries from each agenda item we plan to cover. More details will be made available as we inch closer to the 74<sup>th</sup> GSC. Presentation during the 74<sup>th</sup> GSC: I was invited to give a presentation during the 74th General Service Conference on the topic, "Safety Throughout the Structure in Our Fellowship. I have until February 1, 2024, to submit my

presentation. I'm accepting any & all suggestions to help prepare my report to the Conference. Send anything you can to my email: delegate@area05aa.org

**Pre-Conference Workshop:** We had a long conversation during the August ACM & decided to move the 2024 Pre-Conference Workshop to March 23 & 24, 2024. The SCAA 2024 Calendar was approved at the October Assembly. Our Secretary, Shawn A., emailed the 2024 Calendars to the Area, October 15, 2023, following the assembly.

That's it for me! Thanks for letting me be of service.

### **DCMC/DCM Reports**:

**DCMC Combined Hispanic Districts**: **Juan M.** My friends have asked that I do part of my report in English. So, by the end of the panel I can do my entire report in English. The CIH continues to work on unity between the six Hispanic Districts and the groups. The CIH has thirteen committees. Some of them meet twice a month and others once a month. All others are working on their future events. Such as the FORO and Two Area Event. On the 16<sup>th</sup> of February, like my fellow members have mentioned, we had the first new GSR orientation meeting. We are grateful to our Alternate Delegate, Nikki, for motivating this meeting. And to the GSR's for being present and giving us support. The objective is to continue learning about General Service. Thank you for allowing me to serve.

DCMC Combined Hollywood Districts: Peyton V. Alt DCMC. Participation is a little low right now. So, we had this event which Doug brought up, which was the Sunlight of the Syrup pancake luncheon. It was a luncheon because we couldn't find a place to be open in the morning, so maybe next year it'll be an actual brunch, you know. We had about a hundred people show up. which was huge, and I've heard it's been the first event in 7 years. I've heard today that that might not might not be the case. There might have been one in 2019. So, I'll update it to say that it's the first post-pandemic that we've had. So, let's say that? And yeah, we had a couple kinds of veterans of general service come out and speak Jen K. and Gordy, who some of you guys might know from previous panels, and Doug came out and did a reading. So, thanks, Doug. And I really want to shout out Aaron for coming out and helping us, and also Joe came out at the start to help us set up. So, we really had a lot of people help us setting up, and that was awesome. So yeah, we're hoping to do that every year. That kind of would inspire some people to be a GSR for their group. We meet on the third Saturday of each month on zoom, it's probably going to be on zoom for the rest of the panel.

<u>DCMC Westside Combined Districts:</u> Joe C. WCD is home to 15 districts, and 13 committees. WCD is back in person! Yes, after being on zoom for the last 4 years, WCD is back in person! Our first in-person meeting took place on Sunday, January 14th, and we had over 75 people in attendance, including our fearless leader, Doug, who gave a presentation on the plain language big book, preliminary agenda items, and the pre-conference workshop. It was very well received, and it left everybody wanting more! However, there are a couple districts that are not well represented, but our new GSR Outreach Chair, Kerry O, sitting here in the front row, has completely revamped that committee, and they are all very dedicated to increasing representation in those dim districts. Kerry is working tirelessly, and I'm very grateful to have her at Westside Combined.

All of that said, this month's meeting on Sunday, Feb 11th had close to 90 people in attendance, with 16 people attending the New GSR Orientation. Yes, you heard correctly, 16 people attended the new GSR Orientation.

We are thrilled to be back in person and are going to be looking at the feasibility of going hybrid, because, as of now, we are just in-person, so, expect updates on this.

We would love it if you could join us for our next meeting. We meet once a month, on the second Sunday of the month, from 9am-11am, at 2802 4th Street, Santa Monica, Ca. 90405. We hope to see you there! **District 2: Peter C.** District 2's monthly meetings at 6:30 PM on the first Tuesday of every month continue to be held as scheduled, both live at the Dunsmore Clubhouse and on Zoom: Meeting DI 882 1985 4006, Passcode dist02. Four people attended the January meeting, including a very special guest; our Delegate Doug S. Thank you very much Doug! The DCM and a GSR from a neighboring district, were at Dunsmore. Doug and a GSR were on Zoom. Though small, the meeting was productive, Doug inspirational. Noteworthy topics of discussion involved the recommended "prerequisites" for GSRs; two years sobriety, etc. and what might be the other major A commitments a GSR should not take on, lest they distract from General Service, etc. Doug also gave insight as to General Services in foreign countries. That, yes, New York is World Headquarters, but other regions do have their own Conferences, etc., generally based on our American model. District 2's Committee Member is developing better rapport with our Treasurer, Bob. Bob has been District 2's Treasurer for many years and still performs the basic Treasurer duties. He is otherwise inactive; that commitment is open....

Our small group appreciates that he still manages the basics.

Our newest GSR, Maria, Dunsmore 6:00 Sunday Night Speaker Meeting, is enthusiastic and regularly giving detailed reports to that meeting. Her home group voted in favor of paying her expenses for PRAASA and she is registered.

At our February meeting we discussed our regular priority; recruitment. GSR Neil will spread the word at meetings he attends and GSR Maria has agreed to visit all the women's meetings and do the same. We will also work on data integrity; confirm meeting info, etc. during these visits. DCM will work towards filling in the blanks/other meetings, Neil reports that his home group has increased their \*contribution by 10% to 40% in accordance with appeal form General Services. DCM observation: Some votes against the meeting paying for Maria's trip were due to misunderstanding; they thought their regular contribution to the District covered such things. Advised that ideally, the meeting pays directly for GSR attendance at such functions and that the District should pay for DCM and /or Alt DCM. But also advised that other General Service resources may be provided according to need.

We've not yet started a formal recruiting drive, but are "spreading the word", we feel General Service awareness in the district has increased a little. We are very hopeful regarding one new prospect.

**District 3: Aidan S.** We've done a lot of organizing in District 3 to get things working nicely. Currently we have a whole Google drive set up. I think I mentioned that at the last ACM. But, now we actually like using it. And it's working quite well. It's so much easier to provide everyone with links to everything. So, my Alt. DCM Gina, and I meet a week before every meeting, which is the first Thursday of the month. And we put together, the agenda put together, the emails put together every you know, all the things we require for the meeting. That's been very helpful. And so, here's that all-organizational stuff. Here's what's going on with, you know what we have going on. First, we organized this ACM, which took a little bit of finagling. yeah, you'd be surprised how many churches are busy on Sunday morning. Thanks to the Elks Lodge for having us.

<u>District 4:</u> JoyAnna H. We have been meeting one time per month. And that has been going well. We've had about 10 regular attendees including GSR's liaisons and other officers. I will be attending PRAASA and they have decided to help with the funds for me to attend. That's one of the things that they're committed to, reimbursing the DCM to attend PRAASA.

<u>District 5:</u> Joe F. Nothing new to report at this current point in time. We are still maintaining communication through an email thread, and all my general service representatives in the district are up to date. Thank you for letting me be a service.

**District 6:** Paul B. No Show. No report.

<u>District 7:</u> Joe T. We meet the first Monday of the month at 6720, Melrose Avenue in Hollywood. Our last couple meetings have been kind of sparse. Our last, I think it was February fifth. It was pouring rain, so I had a feeling that it was not going to be heavily attended, which it wasn't. But the good thing is, we had a couple of new GSR's. join our district. We had a few GSR's that have left their commitment or moved out of Hollywood, so I take part of the, you know, responsibility of trying to make myself more available to attend.

**<u>District 8:</u> Terry A.** No Show. No report.

**District 9:** Liz M. No Show. No report.

<u>District 10:</u> Mike R. Nothing new to report excited for PRAASA. But yeah, nothing new to report at the moment. Thank you.

**District 13:** Mandy **D.** District 13 includes:

Alhambra, Arcadia, Duarte, El Monte, Monrovia, Rosemead, San Gabriel, Sierra Madre. We have approximately 52 groups. We have a monthly district meeting on Zoom on the second Thursday of the month at 7pm. We presently have 12 gsr's and a treasurer, I record our meetings and email recording to all

I serve on the SCAAN committee, and we have a GSR serving on the CPC committee. We have had visitors to our meetings in the past year including Doug S; our delegate, who just paid us a visit this month and Zoraida in January. I attended the DCM sharing session in January and some of our GSRs attended their orientation also. I have begun attending a concept workshop to better understand and convey them. I will attend the Plain Language Big Book information session and Q&A on 2/20 as will some of our GSRs.

District 14: Nancy M. Alt DCM. Our meeting is Hybrid, the first of every month. We have 12 GSRs. We hosted a Fall Festival in December. We had four Area Committees talk to us about what they do. We feel it was a great success. We have an enthusiastic an active PI/CPC Committee that meets twice a month. They have taken the "Talk to the Doctor" project and are using the same format and have now started a project to reach all Faith Leaders in churches, synagogues and mosques in our District. More updates as they

**District 15: Lester J.** No Show. No report.

District 17: No Show. No report. Show. No Report

continue this project. District 14 has six members going to PRAASA.

**District 18: Scott N.** District 18, which encompasses La Habra, Hacienda Heights, Whittier and La Mirada, but it also extends to meetings along the 605 Freeway north up to the 60 east we meet the first Thursday of the month over at Emmanuel Lutheran Church, 150 North Palm Street in La Habra. We're also hybrid, so you can come visit us on zoom virtually. Check us out on our website, aadistrict18.com for events. We held a General Service Conference orientation yesterday at Serenity Hall. Thank you all who attended as a district. We're trying to prepare our GSRs for the upcoming group conscience they'll be getting. Our next event will be a study group on February 29th at 6 PM to 9PM. Location to be determined. And once again, we're gonna try to dive into the background information and try to become more familiar with the agenda items that will take back to our groups. I'll be attending the process so I can't wait to see all there, and all are welcome to our meetings. Thank you for letting me be of service.

**District 19: Denise E.** No Show. No report.

**District 25:** Joan R. No Show. No report.

District 26: No DCM. Inactive

**District 30: Ron H.** We meet on the third Wednesday of the month, that's coming up this week, on the twenty-first. We've been active, and generally we have 12 to 15 active GSR's in our District, and other supporters and officers. Our district meetings have been doing well. We've also had some active members involved with grapevine, Claire. She's been a regular member of the Grapevine Committee. And then recently, we've had a couple more GSR's starting to participate in the CPC Committee. So, we're getting a little bit more activity. We continue to try to outreach to our local meetings and let them know that these committees that are involved at the area level are open to all. So, you don't have to be a GSR to serve on public information, or CPC, or grapevine, or any of the committees in the area, and that they always need more help. So, we're gonna try to continue to build on that. Of course, we just hosted the Winter Assembly, which was a great event that was well attended by approximately 100 people in attendance live plus obviously there were more on zoom, too. So, it was exciting to see the area assembly starting to perk up and we're gearing up for the Pre-Conference. And I'm assuming that's gonna be a very well attended event at the end of March. I will be attending PRAASA. There's a handful of people from our district that are also regular PRAASA attendees. So, looking forward to seeing everybody up in Area 06 in San Francisco in just a few weeks. That's coming up real soon.

<u>District 33:</u> Carlos E. Our district has twenty-two groups. Of these groups, we have twelve GSRs and two alternates. The officers go out twice a week to visit groups, on Tuesdays and Wednesdays. The objective of these visits is to bring the necessary information to the groups that don't have a GSR and to the ones that do have a GSR to reinforce the information. And we have the economic support of the groups. Every two weeks on Thursday, we have a study session. Currently we are studying the District Guidelines. Every other Saturday we have a general assembly meeting from 4pm to 7pm. Twenty-two or more people attend. We are ready to go to PRAASA.

<u>District 34:</u> Juan A. We meet on the first and third Monday of every month. Our district is made up of thirteen groups. The officers visit the groups on Wednesdays. All thirteen groups have a GSR with two alternates. Last Friday we were in Los Angeles, our Alternate Delegate was at the CIH meeting. We are prepared to attend PRAASA.

<u>District 35:</u> Felipe De J. We have seventeen groups. We visit them twice a week. We have fifteen GSRs and eight alternates. Almost all the committees are covered. We have a marathon meeting on the second Sunday of each month. We have GSR meetings on the second and fourth Monday of each month. We are ready to go to PRAASA.

<u>District 36:</u> Rachel K. District 36 is in West LA and includes all of the meetings at Ohio Avenue. The Alternate-DCM is Kerry O, also in attendance at the Area Committee Meeting today. As a district we are working to support and encourage new General Service Representatives and new alternate GSR's in the district.

Since our last Area Committee Meeting on November 18th, 2023, we have five new General Service Representatives. Where there are groups where the GSR is inactive, we are working to stimulate interest for those groups to want an actively participating GSR, to ensure their meeting's voice is heard and ensuring information from the General Service Office is reaching our districts' A.A. members. District 36 continues to meet once a month in person, in addition to our Westside Combined Districts meeting. At our district meetings we have been studying the A.A. service manual, sharing best practices, and inviting and hosting Area Committee Chairs and Area Officers to attend our district meeting to encourage, educate and support our General Service Representatives. As a district, we are actively encouraging the importance of a participating Alternate GSR.

And finally, we are working to confirm attendance and participation at the March 23rd-24th Pre-Conference Workshop to ensure every meeting/group has representation as we consider, discuss and exchange perspectives on the General Service Conference Agenda Items.

Two items in particular have sparked interest and continue to spark interest in our district:

the Plain Language Big Book translation and the pamphlet for the transgender alcoholic.

Thank you all for your service and thank you for letting me be of service!

**District 37/38: Daniel A.** No Show. No report.

**District 39/40: Steve R.** No Show. No report.

**District 41:** Nicole. No Show. No report.

**District 43:** Larry V. We have 10 to 12 GSRs showing up at the Westside Combine Meeting (2nd Sunday of the Month)

We will discuss the meeting separately from this and maybe some events we can plan at our next meeting. We discuss the Survey on the groups being open to literature changes. Interested members from district 43 and other districts as well as requested the info I had presented. I will send the sample email and info I sent to those requesting.

Andrea and I are happy to be of service and will present the hand outs from this meeting as well as creating some new business so stand by for that info...

<u>District 45:</u> Mark M. G.S.R. We have been discussing in our WCD in-person meeting on 2/11, researching what meetings are still open or dark.

We had on 2/11 meeting 10 GSRs in attendance along with our DCM, Becca and alternate Lisa K . Thanks given to Doug S and Sue S., for their incredible service to General Service.

<u>District 46:</u> Eddie. We have 6-7 members using WhatsApp to keep in touch with each other and eventually we will have a monthly meeting. Our district covers a particular meeting hall commonly known as 26 and Broadway, also known as Serenity manner. And we have a rather large issue developing there. That our committee is currently dealing with. I'm the secretary of a meeting there as are a number of the other members of our committee. And the facility is at Serenity. Manner is becoming decrepit and we've attempted for the last year or so to garner information regarding the finances and the and the for the physical. Well being of the facility, as it's a very important part of the fixture of the site. So, we're in the process of contacting and meeting with all the secretaries that run meetings that lead meetings at 26 and Broadway. To garner information regarding the fees that have been collected for them, the meeting hall fees, and what other fiduciary concerns that they may have had, because there has been some outreach from the Board of Trustees at 26 and Broadway for us to raise money to help with repairs of the facility.

<u>District 49:</u> Ruben C. We have twenty-nine groups. We visit two to three groups per week. We have two assemblies on the second and fourth Saturday of each month from 4pm to 7pm. We have district meetings on the second and fourth Wednesday of each month. We will be hosting the FORO and the Two Area Event this year.

**<u>District 50</u>**: **Adrian E.** No Show. No Report.

<u>District 55:</u> Sandra M. Alternate DCM We have two meetings on Wednesdays at the district to see how the committees are working. And we have two group support visits on Wednesdays visiting groups with low support to support them with their seventh tradition. We do routine visits to groups on Mondays, Tuesdays and Thursdays. We motivate the groups to have a GSR to be represented at the district and Area.

**District 56:** No DCM. Inactive.

**District 58:** No DCM. Inactive.

### **Officer Reports**

Alternate Delegate: Nikki U. Since the last Area Committee meeting, I have been conducting General Service Information Sessions. The first session in January was held on Zoom and we had sequential Spanish translation on Zoom during the meeting. These information sessions will be taking place monthly. In English the Information will be on Zoom from 7PM to 8PM on the 3rd Wednesday of the month. You will see a list of the monthly topics and their dates on the information table. The General Service Information Sessions in Spanish will be held at the Combined Hispanic District meeting room on East Olympic Blvd, in East Los Angeles on the 3rd Friday of the month. That meeting is in person with sequential Spanish translation. We held our first in-person session last Friday and it was attended by 46 individuals wanting to learn more about how General Service works.

The topic list and dates for those meetings in Spanish is also on the information table.

Each month I will highlight another aspect of what we do In General Service.

As most of you know the Alternate Delegate acts as liaison to the So CA Hospital & Institutions Intergroup and I also work with the SoCal H & I Conference Committee. This year Southern and Northern California H&Is are joining forces to hold the Conference in Bakersfield on the first weekend of May. The venue is the DoubleTree by Hilton Hotel at

3100 Camino Del Rio Court in Bakersfield. The hotel is providing special room rates of \$119/night. H&I doesn't quite have all the materials in both English and Spanish, but you'll find a flier on the back table in English that has a QR code that will take you to registration. On the back of that flier is a "Save the Date" in Spanish. The actual registration website is bilingual so if you just use the QR code, you will be taken to a place where you can register and that has all the information on the Conference.

Doug, our Delegate, is fine tuning his selection of the agenda items that he wants input on from Area 05. We hope to be loading the agenda items, background material, and summaries in the next week or so. Please be on the lookout for them. Our webmaster is currently working on getting the online General Service Conference Survey for Area 05 on our website as well.

<u>Secretary:</u> Shawn A. My responsibilities include taking notes for the Area Assemblies and Area Committee Meetings. Getting those notes translated with the help of the Translation Committee and getting them put in the SCAAN. It is recommended that if you give a report or presentation, please provide a copy to the secretary. I want to thank all the Spanish Speaking DCM's and DCMC's for providing copies of their reports. This is helpful in case the audio file is incomprehensible.

**Accounts Treasurer: Amy O.** Made a motion to approve the 3<sup>rd</sup> Quarter Financial Report. Second from the Finance Committee Chair. No one raised a hand for discussion. Vote was unanimous to approve. Motion passed. Made a motion to approve the 4<sup>th</sup> Quarter Financial Report with two friendly amendments. Second from the Finance Committee Chair. There was lengthy discussion on the accuracy of the report. Other amendments were requested. In the end the Accounts Treasurer agreed to all amendments and that they would send a corrected report to the Area after the Assembly. Discussion concluded. Vote was conducted. Vote was unanimous to approve. Motion passed.

<u>Contributions Treasurer:</u> Brian P. Made a motion to approve the 3<sup>rd</sup> Quarter Contribution Report. Second from the Finance Committee Chair. No one raised a hand for discussion. Vote was unanimous to approve. Motion passed. Made a motion to approve the 4<sup>th</sup> Quarter Contribution Report. Second from the Finance Committee Chair. No one raised a hand for discussion. Vote to approve was unanimous. Motion passed.

**Registrar: Jen C.** We had 76 people in attendance today. Fifty-Seven in person and Nineteen on Zoom. We have Seven Hundred Forty listed groups. And thirty-two virtual groups. We have Six Hundred Ninety-Five

unknown groups and continue to work on that list. I have been attending the monthly Registrar Sharing Session. It's for all Registrar's in North America. We've been focused on helping the new registrars for the new panel be on board and sharing best practices and answering their questions. I found out for the first time that there is a regional staff correspondent assigned to every registrar, nice to find that out in the second year. But that's okay. I'll be bothering that person. And then next month the member services hosted quarterly sharing sessions for the registrars. This is where all of the registrars we save up our grievances to report them to Member services.

<u>Chairperson:</u> Gola R. Part of my responsibility is to compose and coordinate the Agenda for the Assemblies and Area Committee Meetings. If you have a motion you want to present to the area, let me know and I will add it to the agenda. What my report is going to entail today is just hosting for this year. We only have hosts, district hosts for 3 of our events this year, and two of them will be for our pre-conference workshop. District 14 and 49, as you heard during the DCM and DCMC Reports will be hosting the 2 days of the pre-conference workshop. We still need district hosts for our spring Assembly for our June Area committee meeting for our summer Assembly and for our November ACM. Please approach me. If your district is interested in hosting any of these events.

### **Unfinished Business:**

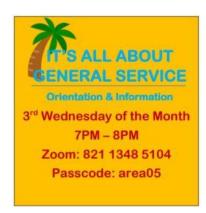
Presentation & Preliminary Approval of 2024 SCAA Budget -

**Arnulfo G. Finance Committee Chair** Motion was made to approve the 2024 Area 05 Budget. Second from the Alternate Finance Committee Chair. There was a short discussion on the Upper Cash Limit. Friendly amendment was accepted. Vote was unanimous to approve. Motion passed and will be forwarded to the Spring Assembly for final approval.

### **New Business:** There was none.

There were Good & Welfare announcements. The meeting was closed with the reading of the Responsibility Statement in Spanish and English. The next meeting is the Area05 Spring Assembly on Sunday May 19th.

### \*\*Published as Submitted\*\*





### A.A. AREA 05 - SOUTHERN CALIFORNIA AREA WINTER ASSEMBLY AGENDA SATURDAY - JANUARY 20, 2024 FIRST PRESBYTERIAN CHURCH 869 N. Euclid Ave., Upland, CA 91786 Host: District 30

**Gola R.** Area Chairperson, opened the meeting with a welcoming statement and opening comments at 9:00 a.m. Two-minute silent meditation followed by the Serenity Prayer and Birthdays (October 16<sup>th</sup>, 2023 – January 20<sup>th</sup>, 2024). The Twelve Concepts were read in English and Spanish. Introduction of new General Service Representatives

### **Introduction of new General Service Representatives and Alternates**

**ROLL CALL: Jen C.** Area 05 Registrar conducted the Roll Call

Winter Assembly Saturday, 20 January 2024

**Gola R.** Area 05 Chairperson presented the Assembly Agenda. An amendment was made to move lunch to 12:30pm and skip the coffee break/morning stretch at 11:00am. Committee Meetings moved to 11:00 am and Committee Reports moved to 11:45am. Motion to approve was made and seconded. Vote was held. Minority opinion was heard. No one wanted to change their vote. Motion Passed.

### Approval of July 22, 2023, Assembly Minutes

The Secretary presented the Summer 2023 Assembly Minutes as printed in the SCAAN. Motion to approve was made and seconded. A friendly amendment was made to include information from the

Accessibilities/interpretation ad-hoc committee presentation. Friendly amendment was not accepted. A vote was conducted, motion did not pass. A motion to re-vote was made and seconded. Discussion continued for nearly forty-five minutes. Another vote was taken and again the motion failed. Minutes were not approved. They will be voted on again prior to the next Area Assembly on May 15, 2024.

### **Delegates Report: Doug S. Introductions & welcome:**

I am excited to welcome you to our first Assembly of 2024! The second year of Panel 73. Thank you, especially to our DCMs/DCMCs, GSRs, Committee Chairs and Alternates, for making yourself available and honoring your commitment to your group and Area 5! You are the vital link in the communication chain of general service in AA. Please don't hesitate to reach out to me.

I'd like to thank District 30 for hosting the Assembly today! We really appreciate your service & hard work.

Before we get started, I'd also like to thank our Officers & Past Delegates for your service to the Area!

<u>Theme:</u> As you know, last year I chose "participation" as the theme because it's all about being present. Showing up. Communication. We're now into our  $2^{nd}$  year with slightly more than 11 months remaining in our service positions.

I've decided to switch things up a bit and pick another action word to describe our remaining time together. That word is *Responsibility!* 

<u>GSR's - YOU</u> are the conduit between your Group & Alcoholics Anonymous as a whole. Sharing information you hear here, receive in the many emails sent by me, and forwarded by your DCMs, that come from the General Service Office, Grapevine & La Vina, and other parts of A.A.

Read: Service Manual, Appendix V: (page 165) STIMULATING INTEREST IN GENERAL SERVICE

Most A.A. members are primarily interested in their groups, in their own sobriety, and in helping other drunks one-on-one. And that is as it should be. While the work of general service has precisely the same objective — carrying the message to the alcoholic who still suffers — the connection is not always direct or obvious. Some

stimulators are usually needed to get the attention of A.A. members — to show them that service can add a rich dimension to their sober lives and Twelfth Step work, and that their <u>participation</u> is vital to the future of A.A.

Once A.A. members are well informed about service, they often want to become involved and to take on their own service *responsibilities*.

(From Chapter 1 of the A.A. Service Manual, page 7):

THE GROUP AND ITS GENERAL SERVICE REPRESENTATIVE

So what is the role of a GSR?

The GSR is the link between the group and "A.A. as a whole." This link becomes a channel through which news, information, opinions and ideas can flow back and forth. Importantly, this also gives the group a voice in the affairs of the Fellowship. The GSR is that voice.

- When the GSR is **present** at assemblies, the group's voice is heard.
- When the GSR **participates**, the group's voice is heard.
- When the GSR **votes**, the group's voice is heard.

### So, it boils down to communication, participation & responsibility!

**GSR's, DCMs/DCMCs:** I'd like to encourage you to read the A.A. Service Manual for your respective positions. There are only a few pages for each position. Please take the time to review those pages. It'll help you better understand your job.

Our job in General Service is to <u>enable</u> 12<sup>th</sup> Step work – if the drunk gets to us, we can help them! **Items to Discuss:** 

<u>Accurate District Information:</u> DCM's should ask our Registrar, Jen C., for a report (or list) of GSRs and Groups in their District & review for accuracy. In addition, you have access to Fellowship Connection, which is our interface into the GSO group services database.

**2024 Calendar:** Please take the calendar you received from our Secretary, Shawn A., and put those dates into your personal calendars. The dates are important for you, your GSRs, the Area & me as **YOU** prepare **ME** for the 74<sup>th</sup> GSC in April 2024. It's essential GSRs attend the Assemblies & Pre-Conference Workshop in March 2024.

74th General Service Conference - This is why we're all here!

**General Service Conference Process:** While the annual Conference is held in April or May each year, the Conference process is a year-round effort to implement changes approved at the 73<sup>rd</sup> GSC and prepare for this year's Conference.

The 74<sup>th</sup> General Service Conference will be April 14-20, 2024, in Brooklyn, New York, with the theme being "*Connecting with Love, Unity and Service.*" In addition to voting on business items, there are presentations and workshops for the Delegates.

**Agenda Items:** New members may be wondering what <u>IS</u> an agenda item. *Agenda items are basically ideas or proposed changes members, groups, districts or areas submit that are discussed and voted on at the conference, such as, the preamble change passed at the 71<sup>st</sup> G.S.C., and agreeing on the <u>theme</u> for this years' conference.* 

The General Service Board will meet late January where the agenda will be finalized. We should receive the Final Agenda soon after, and <u>background material</u> on those items between February 15-20. As most of you know, we will receive all three (3) languages of the background materials at the same time. This is especially important for our Spanish-speaking members.

<u>Pull out the list of agenda items you picked up on the back table.</u> Nikki U., Alt. Delegate, and I have reviewed the list and selected about 12 items. Those are the items we'll discuss at the pre-conference assembly (March 23-24, 2024) and we'll want Districts and GSRs to discuss with their groups. Highlight the following items (read from my list).

**Getting Items on the Conference Agenda:** Does anyone have anything you'd like to see discussed at next year's conference? (That would be the 75<sup>th</sup> G.S.C.). If so, please be aware there's a 9/15 deadline to submit for consideration. Though you may submit anytime between NOW & 9/15/24.

More details can be found on page 164 in the S.M., THE PATH FOR AN IDEA TO BECOME AN AGENDA ITEM.

What this means, from a timing perspective, and one wishing to have the Area's support, the proposed agenda item would need to be developed & presented to the Area at our May Assembly (5/19), voted on at the June Area Committee Meeting (ACM 6/22) and then approved at our July Assembly (7/27).

**PRAASA:** The Pacific Region Alcoholics Anonymous Service Assembly is scheduled March 1-3, 2024, downtown San Francisco (CNC Area 6) at the Marriott Marquis.

PRAASA is an annual conference hosted by one of the 15 areas in the Pacific Region of A.A. on a rotating basis. This means that each area has the opportunity to host PRAASA roughly every 15 years.

The purpose of PRAASA is to develop greater unity among the members, groups, and areas of the Pacific Region; to encourage the exchange of ideas and experiences; and to provide an opportunity for members to discuss pertinent aspects of AA.

For online registration, please visit praasa.org

### How many of you have registered already?

You'll hear more about PRAASA from Lauren A., Past Delegate & Program Chair of last year's PRAASA, later today.

My personal experience is that PRAASA really motivated me in General Service & added an element of service I hadn't experienced. The topics & discussion during PRAASA is amazing; to hear others across the Pacific Region share their opinions on important matters affecting all A.A. You do not want to miss this year's PRAASA!

**Volunteers:** The website has more information on volunteer opportunities. This is an opportunity to have members of your Group & your friends join in on the fun.

**Area Dinner:** It is a tradition for Area 5 to meet Friday evening over dinner to fellowship & share in the excitement. Plan to join us!

<u>Names from each Area:</u> All Delegates were asked to submit names of members for readers, timers, moderators & presenters. You may be asked to be part of this year's program! Embrace the opportunity. There's a Sign-Up sheet up front for those willing to be of service at PRAASA 2024.

**Scholarships:** GSRs may consider asking your home group to help fund your attendance. Many people are sharing rooms to reduce the overall cost of attendance.

### I look forward to seeing you at PRAASA!

**After PRAASA we will hold our Pre-Conference Workshop:** The Area 5 Pre-Conference Workshop is a two-day meeting that is held in March/April each year. This year's pre-conference is scheduled <u>March 23<sup>rd</sup> & 24<sup>th</sup> at the Elks Lodge in Downey. Please add that to your calendar!</u>

The Delegate and Alternate Delegate communicate with the GSRs (and through them the Group) about agenda items that will be addressed at the General Service Conference. The GSRs inform the Delegate about their groups' conscience on the issues so that the Delegate has a sense of what member's think while attending the General Service Conference.

Prep work is underway. Our Alternate Delegate works with the Delegate to prepare the Pre-Conference questionnaires and the annual Pre-Conference Assembly program; and Nikki will chair the annual Pre-Conference Assembly program.

<u>Online Surveys:</u> we will have a website where members & GSRs can submit responses to questionnaires. Last year we had over 300 submittals online. The data is used to generate a report that compiles all responses and comments that I will study before the General Service Conference. We will incorporate suggestions made last year to improve the survey experience.

### <u>Delegate Activities</u> - <u>You may be asking, "What's your Delegate doing?"</u>

<u>Conference Committee on Treatment and Accessibilities:</u> We meet as a committee for a "*Meet & Greet*" next week. No Conference business is discussed - we just get to meet face-to-face (virtually, of course) and get to know one another for now.

**PDAB:** I sit on the PRAASA Delegates Advisory Board (PDAB). Purpose of PDAB: assist each PRAASA Committee with planning the upcoming PRAASA. To provide guidance based on previous PRAASAs and support the efforts of the committee in making decisions on the details of the next PRAASA.

**PRAASA Archives and Website ad hoc committee:** we met monthly starting September 2023, to review and recommend updates to the existing PRAASA guidelines. We submitted our final report and recommendations to the PDAB last weekend.

<u>Conference Dashboard:</u> GSO implemented a new dashboard technology last year: OnBoard. The dashboard is the mechanism used by GSO to communicate with Delegates. We access Conference documents, updates and communication which is facilitated via OnBoard.

**<u>Buddy</u>**: I have been assigned a "buddy" to help them get situated as a new Delegate. His name is Alan W. from Northeastern Ontario Area 84. We've been exchanging emails & have scheduled a telephone call next week to get acquainted.

**Final Conference Reports:** I've been rereading the Final Conference Report from 2023 to refresh my memory on business conducted during those conferences. I have printed copies of the final <u>2023 FINAL</u> <u>Conference Report</u> at the back table. A digital, anonymity protected version is available on our website: aa.org. The Conference approved that change during the 73<sup>rd</sup> GSC.

**Monthly Delegates Meeting:** The Pacific Region Delegates meet the first Thursday of every month to discuss activities across the region and share ideas. We had our first meeting with new Panel 74 Delegates

and our PRT (Reilly K.) January 4<sup>th</sup>. We have a very active and vibrant region. You'll have the opportunity to meet them at PRAASA on March 1-3, 2024.

**PLBB:** Some of you may have attended the Plain Language Big Book (PLBB) Information Session last Sunday (January 14, 2024). It was hosted by Area 6 (aka California Northern Coastal Area/CNCA) and there were 300 attendees. I know several people from Area 5 that couldn't join due to maxing out the room.

I've been asked to repeat that session for Area 5. I'm working on a date with the presenters and Areas 8 & 9. Possibly 93 as well. Stay tuned for more information on that topic.

<u>Note:</u> I was able to download the presentation from the chat. Let me know if you'd like a copy & I'll share it. I also took notes of the questions & responses provided by the two non-trustee directors in attendance. <u>District/Meeting/Workshop Events since our Fall Assembly (October 15, 2023):</u>

- <u>10/22/23:</u> I attended the Grapevine / La Vina writing workshop held @ CIH. Then drove to Covina to attend District 4's "*Open House*" event. Both were very well attended & enthusiasm for General Service in AA is alive & well! Thanks to the GV/LV Committees @ the Area & CIH, and D4 DCM JoyAnna H. You're all doing a great job!
- <u>10/28/23:</u> Westside Combined District's "Love & Service Festival." Good food, Fellowship, speakers & music entertained the crowd. Thanks to our DCMC, Joe C., and other WCD volunteers for putting on an amazing event!
- <u>10/29/23:</u> I attended the Archives anniversary event hosted by CIH out in Montclair. I was able to fill-in for our Archives Chair, Mary T., where we played a video in Spanish and read a short presentation on the importance of A.A. History and Archives Committee work. As usual, there was excellent food, Archives displays & speakers.
- <u>11/11/23</u>: I visited District 36 to provide an update on finances, GV/LV and various other committees following the GSB Board weekend and met multiple GSRs from the district. Thank you, Rachel K., for your hard work & enthusiasm.
- <u>11/12/23</u>: I participated in the 44<sup>th</sup> Hispanic Forum held in Rosemead and hosted by District 35. There were close to 300 people in attendance. The room was full & participation was electric! Thanks to all those that attended and worked hard to plan the Foro Hispano.
- <u>11/15/23</u>: Q4 Conference Sharing Session The 2023 Advisory Action to have general sharing sessions at least two times per year was conducted Wednesday, November 15, 2023, for 2 hours. Delegates had the opportunity to ask questions of the Board and Committees. Most of those questions & responses were shared at the November ACM. That was the 2<sup>nd</sup> such sharing session. The next sharing session has been scheduled after the January 2024 Board meeting (February 27, 2024).
- 11/18/23: Area 9's Fall Servathon @ USS Iowa
- <u>11/19/23:</u> I attended the 3 Committees Event @ CIH where I was asked to give a short presentation on Tradition 5 & Concept I.
- <u>11/25/23:</u> District 33 celebrated their 45 Anniversary.
- <u>12/2/23</u>: I participated in D14's Fall Festival in Downey. Later that day I visited D55 at Leo B. 's (DCM) request where I answered questions about General Service, Area 5, GSO and many other topics of interest.
- <u>12/3/23:</u> Inter-Area Remote Communities Forum was held Sunday, December 3, 2023, online. There were 3 topics & 9 speakers. Language, culture, and geography. Brian P. was one of the presenters.

• <u>12/5/23:</u> Guidelines and Policies Committee Meeting. They read the Service Manual when not discussing changes to our Guidelines and Policies.

- 12/10/23: WCD Meeting and CIH Technology & Internet Event.
- 12/13/23: D33's Service Manual Study Event.
- <u>12/16/23:</u> 3<sup>rd</sup> Legacy (Sponsored by D2, D3, D4, D13, D30 & CIH) & D18's Holiday Party.
- <u>12/20/23</u>: District 30 is planning an "Open House" event December 20<sup>th</sup>. I look forward to supporting our eastern friends just before the Christmas holiday.
- <u>12/28/23:</u> Area 5 Officer's Meeting.
- <u>1/2/24:</u> D2 Monthly Meeting.
- <u>1/4/24:</u> D14 Monthly Meeting.
- <u>1/7/24:</u> Website Committee Meeting & PRAASA ad hoc Website and Archives Committee Meeting.
- <u>1/11/24:</u> Visited D33's Grupo Progreso Latino (Service Q&A Session).
- <u>1/12/24:</u> Attended the Eagles & Steely Dan concert.
- <u>1/13/24:</u> Combined Hollywood Districts.
- <u>1/14/24:</u> Westside Combined Districts first in person meeting in close to 4 years. It was great to be back and meet new GSRs. Lastly, Area 6 Plain Language Big Book (PLBB) information session. More on that topic later.

### News from G.S.O., Box 4.5.9., Grapevine & La Vina:

<u>Grapevine & La Vina:</u> Newsletters are sent monthly. I forward Grapevine & La Vina Newsletters as I receive them. The February Grapevine newsletter was forwarded last week. La Vina is bi-monthly (Jan/Feb) and was sent mid-December. If you did not get them, contact me & I'll send them to you directly. You may also ask your DCM or DCMC to forward the newsletters.

<u>Grapevine Current Issue Spotlight: This month's feature section is "Getting Through Tough Times."</u> Members share hopeful stories about how they reach for help and use the tools of AA to stay sane and sober through adversity.

### Submit Your Story for Upcoming Grapevine Issues:

- 1. Dating & Relationships Learning how to date in sobriety? How did it go? What were the challenges? Any sober tips? (Believe me, we all want to know!). Share what you've learned about having sober relationships. How is your marriage or relationship different now than when you were drinking? Stories due Feb. 15, 2024.
- 2. Young & Sober! Did you come into AA at an early age? What was that like? What were the challenges? Do you go to Young People's AA (YPAA) meetings, dances, or conferences? How have they helped you? (stories due March 15, 2024).
- 3. More upcoming topics: CPC Service stories & Remote Community stories.
- 4. Important: We're looking for stories of experience with each Step and each Tradition! (Pick a particular Step or Tradition and share your experience!) We also need your jokes!

La Viña Current Issue Spotlight: This month's special section is "Nuevos en AA" (Newcomers in AA.)

### Submit Your Story for Upcoming La Viña Issues:

- 1. March/April 2024: Cortos de La Viña (La Viña short stories.)
- 2. May/June: Recaidas (Relapse.)

3. Subscribe to GV &/or La Viña App! With a Digital subscription, you'll be able to read each edition, explore the archive, listen to the audio of each article in the magazine, enter your own sobriety date and much more right on your smartphone. Learn more here!

4. **Share your ESH with La Viña:** We need stories on Steps and Traditions. You can submit your stories by email, our website, mail or by audio recording.

Lastly, there's good information for your Grapevine/La Viña Rep to share with their groups in the newsletters.

<u>ACYPAA:</u> Area 8's (San Diego & Imperial County) YPAA Committee is hosting a workshop Saturday, February 10, 2024, during ACYPAA (12-4 p.m.). The event will focus on A.A. literature and "HOW SHOULD WE TREAT A.A. FOUNDERS' WRITINGS." The Trustees Literature Committee sent a letter which we discussed during our November 2023 ACM, to "seek input from the Fellowship (including but not limited to Area delegate feedback) regarding any possible future changes to literature written by A.A.'s Founders, the trustees' Literature committee agreed it would be beneficial to gather shared experience from the Fellowship regarding this topic."

Feel free to attend ACYPAA and participate in the workshop. We're planning to do something similar during our pre-conference on March 24<sup>th</sup>. More will be shared once details come into focus. Reilly K. is presenting on the topic, "*History of Changes to the Big Book and Bill's Writings*" at the workshop. Our Literature Chair, Alex H., will help facilitate that workshop.

<u>Publishing Dept. Update:</u> Update on printing delays and backorders due to supply chain disruptions. *Taking Action:* For example, ordering paper and scheduling reprints with our printers of the Big Book, Alcoholics Anonymous, and other items more than six months in advance of projected need. We are in communication daily with our printers and reach out to their leadership again and again to emphasize how important our items of literature are in carrying A.A.'s message to our Fellowship.

<u>Pacific Regional Forum:</u> This event will be held July 12-14, 2024, in Las Vegas NV. Area 42 is hosting the event. Hotel is Westgate Resort & Casino. The hotel code is "AA Pacific Regional" - Signature Room King or Double Room \$109 + taxes & resort fees a night. Luxe Room King or Double room \$129 + taxes & resort fees per night. There's no registration cost to attendees. You'll be able to meet many folks from our GSO. They'll present on various topics, such as, Finances, Grapevine and La Vina, A.A.W.S., and much more! **Box 459:** The Fall 2023 edition of Box 459 opens with "Meet Four New Class B General Service Board Trustees." If you'd like to learn more about the 4 newest Class B Trustees, read this edition. It's available at aa.org and you can subscribe to get email notifications and/or print versions sent to you. Subscription forms are online. The Winter edition should be posted soon so stay tuned for that.

There's a Publishing Update, describing three new pamphlets, "Young People in A.A.", "AA for the Older Alcoholic", and "A.A. In Your Community: A Guide for Professionals Who Work with Alcoholics."

There's a good article on A.A.'s reserve fund, titled, "Part II: The Reserve Fund: A.A.'s 'Prudent Financial Principle' In Action." This is the second in a series of columns from the chair of the General Service Board (GSB) Finance and Budgetary Committee (commonly known as "the Finance Committee"). The purpose of this series is to demystify the GSB finance and budget processes and provide information on planning and oversight.

There's reference to the Frequently Asked Questions (FAQs) on aa.org/faq that you may find interesting. Lastly, a nice article, "Mark Your Calendars and Make Plans to attend the 2025 A.A. International Convention." I've been mentioning that every Delegate reports this panel.

### 2025 AA INTERNATIONAL CONVENTION

Taking place once every five years, the A.A. International Convention marks the anniversary of Bill W.'s first meeting with Dr. Bob and the birth of Alcoholics Anonymous in 1935. A.A. members and their families and friends from around the globe attend the event. At the International Convention people attend meetings, workshops, dances, and events. A highlight is the traditional flag ceremony to celebrate sobriety worldwide. Vancouver will welcome A.A. members from around the world for the 2025 International Convention. This will mark the 90th anniversary of the beginning of our Fellowship's founding. The International Convention will take place from July 3 - 6, 2025, at the Vancouver Convention Centre and BC Place Stadium.

Please check the convention webpage at www.aa.org/international-convention for more information, the latest news, and FAQs. As the Convention approaches, the page will be updated with registration information.

That's it for me! Thanks for letting me be of service.

### **Lunch Break**

### **Standing & Ad Hoc Committee Meetings**

Committee Chairs hosted their Committee Meetings.

**Standing & Ad Hoc Committee Reports**: Reports from all Committees:

### Archives Committee

Mary T. We had a veteran of the archives, somebody who's been there, been on our committee for many years and a brand new Alternate General Service Representative in our meeting today. We discussed all the different districts that have been sending pictures in for Anonymity Protected Pictures. And, as soon as the Archives website is back up, we will be presenting them. We have been working with the Westside Combined Districts. They have decided that one person will oversee Digital Archives and one person will oversee Physical Archives. The main thing we discussed is a 16mm film called "A Time for Decision". We decided this film was of historic value, so we had it digitized. This film was approved by the conference in 1968 and is no longer available. We will be hosting an event to show this film in the near future.

### • Audio Visual Committee

**Victor M. AV Chair:** I'm available to assist the Districts with any Audio-Visual needs you may have. I am currently pricing new equipment to better serve the Area. The committee was able to provide Audi-Visual for the Hispanic Women's Workshop in December. And the Hispanic FORO in Rosemead. Both events had great food.

### **Cooperation with the Elderly Committee (CEC)**

Susie P. No Show. No Report

### • Cooperation with the Professional Community (CPC) Sue S.

The Area 05 CPC committee has a solid core team of about 7 members with the newest member being Daniel, the CPC Director of the LA Central office. We are always looking for new members who want to work on reaching non-alcoholic Professionals. We meet on Zoom the 2nd Saturday of the month for 1 hour. Today we had 8 people in attendance with 4 new members.

We have some districts in the Area that are very involved with CPC work. One district (D18) has created relationships with the nurses and Human Services at his local hospital. This came about after taking a "12th step call" to PIH Whittier, and since he wasn't family, to visit, he said he was visiting on behalf of AA and they let him in, just like a Faith Leader would be let in.

Another district (D14) has modified the TTYD Packet and will be reaching out to churches, synagogues. and mosques (in their 4 cities) to see if any Faith Leaders would like more information about AA for any of their members.

The CPC Committee is actively looking at Nursing Degree programs (there are 19 in our area) and will be contacting them to see how AA can assist them.

And we are looking at possible conferences/events that may be occurring in 2024. We will see if 1) an AA/CPC table fits into the scope of their conference and 2) if it's a reasonable 'exhibitor' fee.

One committee member got in touch with a "Nurses Rock Run Walk" held on May 4, at Bonelli Park in Pomona. We voted and approved the \$50 'exhibitor' fee and will set up volunteers to man the AA Table soon.

We'd like to thank Scott and Claude for developing the CPC webpage on the Area 05 site. Our Committee page provides lists possible pamphlets for Professionals and a list for those Professionals serve, and shows the link to the CPC workbook (English & Spanish) on <a href="mailto:aa.org">aa.org</a>, as well as links to the "Talk to the Doctor" Project for districts who would like to do this 12th step work. Please check it out, and I encourage all committee chairs to develop their own Committee page with links to any projects.

I'd like to give you the numbers on the Information Cards that are used by many districts for 12th step work. Of the smaller (business-sized) cards, we have given over 3,000 cards to various districts; and over 400 of the 5x7 cards have been distributed. We have some left, so see me if you'd like some for your districts to use.

### • Cooperation with the Young Community Committee

**Kiko P.** We had twelve members in attendance today. Most were new and three were on Zoom. We discussed the Zine submissions. We will meet on January 27<sup>th</sup> at 2:00pm to discuss which submissions to include in the Zine. We also discussed the Panel we do at Ascend Adolescent treatment Center.

### • Corrections Committee

### Paul D.

5 members:(Joe, Lydia, Stacie, Steven, and myself)

The 2024 Budget for our committee was sent to the Finance Committee earlier

Report later today from the National Corrections Conference, Nov 10-12 in Oklahoma City, OK.

Committee Roster /Survey completed and shared.

Steering Committee, SoCal H&I Intergroup, PO Box, Area 93, Santa Clarita

New Alt Chair/Secretary (Stacie)

Getting Groups/Members involved,

Panel 73 Projects: Contact Upon Release Program: Culling databases-Stacie/Lydia, need other H&I outreach within our Area.

### • Upcoming Area Events to Share with your meetings:

- 1. Area 05 Next *Corrections Committee Meeting*, Sat. February 25, 1 pm, on Zoom
- 2. PRAASA-Pacific Region AA Service Assembly, San Francisco, March 1-3. praasa.org
- 3. *Prison Zoom Meeting*: Virtual session with ppl on the inside.

Weekly meetings: Tuesdays @ 6:30 pm EST (Zoom only)

**To join:** <a href="https://us02web.zoom.us/j/82407902054pwd=OWk0MkdOWVk2SmZ6RnZkZ1BGY3p2UT09">https://us02web.zoom.us/j/82407902054pwd=OWk0MkdOWVk2SmZ6RnZkZ1BGY3p2UT09</a> or join by phone: +1 646 558-8656 **Meeting ID: 824 0790 2054 Passcode: 123** 

4. Los Angeles H&I Hybrid Meeting, <a href="https://www.lahic.org/lahic">https://www.lahic.org/lahic</a> . Monday, November 13, 7:30 pm, Culver City (Corrections, "Contact Upon Release" Table)

### • Finance Committee

**Arnulfo G.** We had eleven members in attendance today. The committee I am responsible for takes the budget requests from the committees. Those requests, along with historical data, are used to create the area budget. I will be presenting the Draft 2024 Budget later today.

### • Grapevine La Viña Committee

**Andrea D.** we had four members in attendance today. One member is a new General Service Representative. We discussed what the Spanish Speaking La Viña team is doing. They have four of the six districts involved. We, the English-Speaking Grapevine, only have six districts involved. Claire B. will attend the La Viña meeting on the 25<sup>th</sup>. We discussed the need for a larger meeting space to host the Grapevine/La Viña writing Workshop in October. This committee meets the first Tuesday of every month.

• **Guidelines and Policies Committee (G&P) Jim A.** This committee meets on the first Sunday of every month from 4:00pm to 5:00pm. At our next meeting we will be going over Chapter Six of the A.A. Service Manual.

### • Literature Committee

**Alex H.** So, we've got a survey that we've been working on for ages. And it's very simple. It's a 3 basic question. One of them is just what's the name of your group. We want to know where you're coming from. It is now on the Area 05 website. We are soliciting confidential submissions from GSR's and other A.A. members regarding literature needs and concerns for your groups. And the first question, are there individuals, especially newcomers within your groups who might be helped with direction and guides to elements of the literature addressing your specific concerns. And what are these concerns? Second, what sort of questions are being raised about the recent proposed changes to the literature. And how best can we communicate to your groups the nature, content, and direction of those changes.

### • Public Information Committee

**Jenny P.** We had 10 in attendance today and our Higher Power. We are a bilingual committee, and all are welcome. I encourage all committees to reach out to other districts for members to translate. There has been a continuing discussion about the difference between a district committee and service and membership in an Area05 committee. We seem to have an understanding and agreement that all districts come together to form and serve on Area committees! Our primary purpose is to carry our message of hope and recovery to the public, anyone who may need our help through media including print. We had discussed and passed a motion to print 5x7 cards on card stock paper in both English and Spanish. We discussed making a small change to include the words "A.A. Area 5 Public Information" to our flier. Motion was passed and the final decision was made. We decided that initially we will print 350 cards in Spanish and 250-350 English. Thank you for letting me be of service.

### • Registration Committee

**Kristy L.** We had six members in attendance today. There was one current registrar and 2 past registrars at our committee meeting. That's always fun when they come in. We had a new member join us today, Susan. We were very grateful to have Susan not only join us for the committee, but being at the door, greeting everyone as they came through and getting through our database. Such a terrific job. Miguel reminded me that we had promised to put together a workshop at the beginning of this year for the panel, and we're looking at February. Please don't hold us to that. It may be March. Jen wants to be sure that we get this done and get it done right, so that we can help get you all here registered and sitting at your committees.

### • SCAAN Committee

**Jo S.** There are now 4 members on the SCAAN committee, our latest member is Sandra M, District 55. The committee is now bi-lingual and that will lessen the work for the area Translation Committee! ALL

submissions from officers, chairs, and story submissions are DUE May 1st, 2024. Theme for the Spring SCAAN issue is: "Being of Service in AA". 500 words or less! Please submit your story! SCAAN is YOUR Area Newsletter, let your voice be heard!

• **Jacobo M.** Had to leave early and had no report.

### • Treatment Facilities Committee

**Mark S.** We had ten people in attendance today. We had 5 returning attendees and 5 new members, 3 of them being new G.S.R.'s. This committee handles the treatment centers, the rehabs, the detoxes, the hospitals, the psych wards, whatever the institution is right? So, what we've been doing is we're going into these facilities by way of H & I panels. So, we're taking the information that we have. We're taking in the flyers that we have and passing those along to the residents of the facilities to let them know what we're doing. And so, what we've done is we've created a bridging the gap program here in Area 5. And so, what this committee needs your help with is to be able to get more members aware of what bridging the gap does. To be able to answer that 12 steps call. So, when somebody leaving the treatment facility says, hey, I'm over here in Covina, and I need to be able to have somebody take me to my first meeting or two, or maybe they need them to be their sponsor. What we're doing is we're answering and connecting them to that person.

• **Website Committee Claude D.** we had a new member today, Ryan and showed him the ropes of everything for the website committee. And we're going to be making more progress on the aliases for the emails.

### • Accessibilities & Interpretation Ad-hoc Committee Zoraida R.

- 1. In December, we were part of a Conference Wide Remote Communities Forum which we spent most of last year planning. It was a wonderful opportunity to bring awareness to the fellowship and serve with other alcoholics across the US and Canada.
- 2. I also want to thank our Website committee, AV committee, Brian and everyone who participated in the Hispanic Women's Workshop. The Area 05's Literature Committee, Grapevine/La Vina, Accessibilities Committee, and the Area 09 Archives Committee came and had tabletops at the event. Olga, the 2023 Chair of the HWW will give a report later this afternoon.
- 3. We had 8 members in person and 2 on Zoom present:
- 4. Our committee meeting was interpreted into Spanish for the Spanish speakers and ASL for members of the deaf community.
- 5. We Explored the 5<sup>th</sup> Tradition and talked about "Who's not in the rooms yet" & making AA accessible to anyone with a desire to stop drinking and who do not have access to us.
- 6. We discussed adding meetings that provide ASL interpretation to the Multi-Language Meeting Finder. Timothy is providing more information.
- 7. We also talked about the distribution of the Multi-Language Meeting Finder at meetings and districts. It can also be shared with people with direct access to alcoholics, such as policemen, counselors, clergy, doctors, judges, teachers, attorneys...
- 8. The Committee is putting together an Accessibilities Workshop this year; so, we explored different topics to include on the program.
- 9. We also talked about creating content for the Area Website.
- 10. Spoke briefly about the diversity Motion for the PRAASA Business Meeting.
- 11. Monthly Zoom Meeting is the last Monday of each month...Monday, Jan 29 06:00 PM 07:00 PM Meeting ID: 813 4580 5572 PW: unity

**General Service Conference Process & Pre-Conference Workshop Presentation:** Alternate Delegate **Nikki U.** Discussed the importance of the General Service Conference and Pre-Conference Workshop.

### **Officer Reports:**

- Alternate Delegate: **Nikki U.** So, since we last met, I did attend the guidelines and policies meeting, and also District 30's Holiday event, which was a lot of fun. I attended the H&I Conference meeting, and this year it is going to be a joint H&I Conference between Northern California H&I and Southern California H&I. It will be held in Bakersfield. California! It will be at the DoubleTree in Bakersfield May 3<sup>rd</sup> to 5<sup>th</sup>. The Southern California Conference will be held November 1<sup>st</sup> to 3<sup>rd</sup> at the Pacific Palms Resort.
- Secretary: **Shawn A.** Remember that we are a two-language area. Everything you say into the microphone is translated by someone. The faster you speak the faster they must try and translate. Please be respectful to the translators.
- Contributions Treasurer: **Brian P.** Today I am presenting the third quarter and fourth quarter contributions reports. The third quarter report matches exactly with the account treasurers' reports. The fourth quarter report does not strictly match but I've been advised by the audit subcommittee to go ahead and present it. Anyways, our total contributions match. It's just a matter of fixing some categorizations of certain contributions between individual and group contributions online and in person. And we'll have those adjustments ready for the ACM when this is going to be voted on.
- •Accounts Treasurer: **Amy O.** So, I'm going to talk about the third quarter. That's where all the fun happened in finances. The third quarter we had an over contributor in our area, and we refunded contributions. In the third quarter we refunded a total of \$17,500 to that person. The General Service Office only allows for a yearly individual contribution of \$5,000. And so that's why we did that. We were following that spiritual principle. And in the fourth quarter, there were not a lot of expenses. I thought I was on vacation; I wasn't so busy. And so, we are going to get our reports matched by the ACM.
- Registrar: **Jen C.** So, I got to plug my data integrity project. One more time I think I will do one more round of reports out to the DCM's. That I have not heard from. But I'm not going to chase you guys. So, I'll get it, but not everybody. You know, it's a lot of work. It's a lot of time to visit meetings to try to recruit GSRs to get contact. People who want to be mail contacts for meetings. This is the work of general service. So, I get that. So, we'll have to be happy with the number that we land at. Unknowns will remain unknown until they're not, and that will be okay. A reminder to send me your forms directly, even though it says to send them to member services. all the forms are available on the area 05 website under about Area 05. Because there was passionate discussion at the registration committee meeting just as a reminder, even when you register your meeting with myself to get meetings or groups registered and fellowship connection, you also have to register them with the L.A. Central Service Office. They're totally separate, totally different databases. There's a lot of talk about how we can all come together if that's something that can happen. But right now, you have to register your group with both if you want your meeting to be in the meeting Guide App.
- Chairperson: **Gola R.** I am the coordinator of the area. Right like, I am here to ensure that the area runs smoothly. I create the agendas. I coordinate with districts that are hosting. And again, thank you, District 30 for hosting today. What a wonderful assembly! And the food was really good. What was left of it, anyway. And so, I coordinate venues for hosting. I build these agendas, and I make sure that we're running on time. So, in the interest of time. I'm going to cut my report very short. And just tell you that our ACM, our area committee meeting on February eighteenth is going to be held in Pasadena by District 3 at the Elks Lodge in Pasadena. That address will be going out on the area committee meeting agenda shortly,

probably in this coming week or next, or the following one. We need district hosts for upcoming events, so we need a host for our spring assembly in May. We need an ACM Host for our ACM in June. We need a host district for our summer assembly. If you are interested in doing any of these events, please reach out to me. There are so many case studies of DCM's that have been hosted now at this point in the panel, and many, many people that are here to support you, so do not be intimidated by it. And oh! Lastly, the only other thing I wanted to add is regarding the failed motion to approve the October Fifteenth Assembly minutes this morning. Now that that motion has failed twice, it cannot be reintroduced, so I just wanted to follow up on that with you. It will have to be reintroduced at the next assembly revision. So yeah, that's all I'm done now.

### Pacific Region A.A. Service Assembly (PRAASA)

Panel 71 Past Delegate, **Lauren A.** The purpose of PRAASA is to develop greater unity among members, groups, and areas of the Pacific region. The first one, the Western General Service Assembly was held in Fresno, California, on January 26th through 28<sup>th</sup>, 1968. The first Assembly was under the name the Western General Service Assembly, with some 300 registrants, and I think they had 500 people present. The name was changed to PRAASA in 1970, and the initials stand for, of course, the Pacific Region Alcoholics Anonymous Service Assembly. It is an annual assembly hosted by one of the 15 areas in the Pacific Region of Alcoholics Anonymous. California has six, then there's Nevada, Hawaii, Arizona, Idaho, Washington has two, Oregon, Utah, and Alaska. Each year it moves around the region on a rotation cycle.

### Report Back from Hispanic Women's Workshop:

Hispanic Women's Workshop Chairperson, **Olga M.** This is the final report from the 8<sup>th</sup> Hispanic Women's Workshop. One Hundred Fifty-Three women attended in person. Fifty attended on Zoom. And, for the first time a woman attended virtually from Cuba. The newest member had one month of sobriety and the oldest had Forty-Six years! The Workshop will be hosted by Are 06 in 2024 and Area 07 in 2025.

### Report Back from "Bridging the Gap" Workshop

Treatment Facilities Chairperson, Mark S. So, I want to thank the area first and foremost for allowing me to be of service in this capacity. And for allowing us to be able to go out to Houston, Texas, in September. It was an amazing, amazing trip and an amazing amount of knowledge that we got to receive. There's a lot of stuff that we came back with. I think that one of the most important things, as I mentioned to you guys, some of the hardest things within this committee so far has been creating some of the flyers, creating some of the pamphlets and some of what we're not calling business cards business cards. to be able to present to our GSRs and to the fellowship. One of the most difficult things was just getting the contact information right? The email addresses the phone numbers, getting them printed on the correct forms on the correct cards so that we can be able to pass that on. Has been one of the biggest challenges. I feel like we're finally at a point where we can start sharing that with others.

### Report Back from 7<sup>th</sup> Annual National A.A. Corrections Conference

Corrections Committee Chairperson, **Paul D**. In November I went to Oklahoma City for the Corrections Conference. It was two and a half days of workshops and presentations. There was a former incarcerated panel. One of the things that they aim to do is by carrying the message to persons in custody in Oklahoma is when they get out is to get them involved right away in some of that. And so because it was hosted there what they did was they had a zoom panel of inside members at Allen Oakwood. Which is also what I mentioned earlier. That's a Zoom Meeting that other people on the outside can participate in as well. And so that was the first time I saw that.

### **Unfinished Business:**

Final Approval of Area 05 Letter of Support for LACYPAA ACYPAA 2025 Bid:

**Kimani D. Alternate CYC Committee Chair** Motion was made to approve a letter of support. Motion was seconded. Open for discussion. No discussion. Went to vote. Vote was unanimous to approve. Motion passed.

### **New Business:**

### Presentation of 2024 Area 05 Budget

Finance Committee Chairperson, **Arnulfo G.** Made a presentation only of the Draft 2024 Budget.

The next Area meeting, Area Committee Meeting (ACM), will be held February 18<sup>th</sup>, 2024. Hosted by

### Good and Welfare Announcements Motion to Adjourn

There being no further business, the Chair adjourned the meeting, closing with the Responsibility Pledge in Spanish and English.

### \*\*Published as Submitted\*\*



ANSWERS: Across: 2 measures, 5 dilemma, 9 measures, 11 conscience, 13 brotherlylove, 17 wilson, 19 spiritual, 21 vision, 22 came, 23 principles, 24 AA, 26 god Down: 1 serenity, 3 meetings, 4 billwilson, 6 obsession, 7 twelve, 8 recovery, 10 solution, 12 drink, 14 twelve, 15 easy, 16 AA, 18 sponsor, 20 inventory, 26 pill

### **SCAAN**



### SCAAN Southern California Area Assembly Newsletter

### **Statement of Purpose**

To Inform SCAA members and the AA fellowship at large of selected items from GSO, the Area, and items of general interest from the Districts

DATE: SECOND Tuesday of EVERY MONTH - 2023

TIME: 7 PM

LOCATION: Zoom: 882 4199 7773 Password: area05

CONTACT: <u>SCAAN@area05aa.org</u>

Jo S. Area 05 - Panel 73, SCAAN Chair 213-766-8060





1st Tuesday of each month 7:00 PM - Zoom

Meeting ID: 856 5323 1299 Passcode: area05



### Southern California Area 05 Assembly of Alcoholics Anonymous SPRING ASSEMBLY AGENDA Sunday, May 19th, 2024 De Anza Community Center 1405 S Fern Ave - Ontario, CA 91762

Zoom Meeting ID: 891 0086 2280 Passcode: area05

| 8:00  | Registration & Fellowship (Zoom & In-Person)                                                                                                       |
|-------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| 9:00  | 2 Minutes Silent Meditation & Serenity Prayer                                                                                                      |
|       | Call-to-Order                                                                                                                                      |
|       | Welcome and Opening Comments                                                                                                                       |
|       | AA Birthdays (January 21st – May 19th)                                                                                                             |
|       | The Twelve Concepts (Short Form) - Spanish and English                                                                                             |
| 9:15  | Introduction of New General Service Representatives and Alternates                                                                                 |
| 9:25  | Roll Call (Registrar, Jennifer C.)                                                                                                                 |
| 9:35  | Approval of May 19th Assembly Agenda (Chair, Gola R.)                                                                                              |
|       | Approval of October 15th Assembly Minutes (Secretary, Shawn A.)                                                                                    |
|       | Approval of January 20th Assembly Minutes (Secretary, Shawn A.)                                                                                    |
| 9:45  | Delegate's Report - Doug S., 74th General Service Conference Report                                                                                |
|       | Personal & Spiritual Experience - What I Saw, Heard, & Felt                                                                                        |
| 10:45 | Coffee Break and Morning Stretch                                                                                                                   |
| 11:00 | Standing and Ad Hoc Committee Meetings                                                                                                             |
| 11:45 | Standing & Ad Hoc Committee Reports                                                                                                                |
| 12:30 | Lunch Break                                                                                                                                        |
| 1:15  | Delegate Report – Doug S., 74th General Service Conference Report                                                                                  |
|       | Business Report, Conference Actions, Q & A (Doug S.)                                                                                               |
| 2:45  | Officer Reports:                                                                                                                                   |
|       | Alternate Delegate (Nikki U.)                                                                                                                      |
|       | Secretary, including presentation of the 2025 SCAA Calendar (Shawn A.)                                                                             |
|       | Contributions Treasurer, incl. presentation of 2024 1st Quarter Contributions Reports (Brian P.)                                                   |
|       | Accounts Treasurer, including presentation of 2024 1st Quarter Financial Reports (Nikki U.)                                                        |
|       | Registrar (Jennifer C.)                                                                                                                            |
|       | Chairperson (Gola R.)                                                                                                                              |
| 3:15  | Unfinished Business:                                                                                                                               |
|       | Final Approval Vote: 2024 SCAA Budget (Arnulfo G., Finance Committee Chair)                                                                        |
|       | Hispanic Foro Update ( <i>Hernan., D49 / Area 05 Foro Chair</i> )                                                                                  |
| 3:40  | New Business:                                                                                                                                      |
|       | Motion to Establish a Standing Area 05 Accessibilities Committee - Presentation Only ( <i>Zoraida R., Accessibilities Ad-Hoc Committee Chair</i> ) |
| 3:50  | Good & Welfare                                                                                                                                     |
| 4:00  | Closing: Moment of Silence & Responsibility Statement (Spanish & English)                                                                          |